



STUBBERS ACTIVITY CENTRE

Ockenden Road

Upminster

RM14 2TY

www.stubbers.co.uk

ABOUT STUBBERS

- Secure Site, locked at night, we have a gate key/code.
- Centre manager lives on site as do instructors.
- Safe, Planned Activities – all events run by Qualified Instructors (who are also first aid trained).
- Full Risk Assessment carried out on all activities.
- Staff members all staying in tents near and around the student tents.
- 4 members of staff on duty every night.

SLEEPING ARRANGEMENTS

- 10 person tents
- 5 bunk beds (with mattresses)
- Matted flooring raised off ground
- Students are not allowed to swap and change between tent groups
- Girl area and boy areas are separated.

TRAVEL ARRANGEMENTS

- Students need to be at school on Monday 8th July for 8.45am registration
- Coaches pick up on tennis courts at 9/9.30.
- Coaches will return students to school on Friday 12th July at approx. 1pm.

Please drop off and collect students from the tennis courts.

FIRST DAY PLANS

- Students will need to bring a packed lunch-no lunch provided.
- The first job of the week is to locate their tent, store equipment and then be briefed regarding the site.

	Day One Camp Programme
1.15pm	Activity 3
2.45pm	Afternoon Break
3.00pm	Activity 4
4.30pm	End of activities
5.50pm	Horn - Parade Ground meeting
6.00pm	Dinner
6.45pm	Group on Camp Duties report back to kitchens
7.00pm	Evening activities
9.30pm	Hot Chocolate
10.00pm	Clean teeth & in tents
10.30pm	Lights out

DAILY PROGRAMME

Time	
6.00am	2 duty staff up to monitor students / campsite
6.20am	Students for Camp Duties report to kitchen
7.40am	Camp Duties Group eat breakfast
7.50am	Horn - Parade Ground meeting & briefing for all students except camp duties
8.00am	Breakfast
8.40am	Staff briefing
9.00am	All students to parade ground with kit
9.15am	Activity 1
10.45am	Morning break
11.00am	Activity 2
12.30pm	Lunch
1.15pm	Activity 3
2.45pm	Afternoon Break
3.00pm	Activity 4
4.30pm	End of activities
5.50pm	Horn - Parade Ground meeting
6.00pm	Dinner
6.45pm	Group on Camp Duties report back to kitchens
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EXAMPLE OF DAILY ACTIVITIES

Tuesday 1	Sailing - Pico	Sailing - Pico	Camp Duties	Archery	Jet Ski	Jet Ski	Archery	Bushcraft	Pioneering	Archery	Pioneering	Bushcraft	Kayaking	Kayaking	Quick Jump
Tuesday 2	Pioneering	Pioneering	Archery	Camp Duties	Sailing - Pico	Sailing - Pico	Pioneering	Archery	Jet Ski	Jet Ski	Open Canoeing	Open Canoeing	Bushcraft	Bushcraft	Open Canoeing
Tuesday 3	Jet Ski	Jet Ski	Open Canoeing	Sailing - Pico	Camp Duties	Archery	Sailing - Pico	Pioneering	Archery	Pioneering	Team Challenge	Raft Building	Raft Building	Open Canoeing	Bushcraft
Tuesday 4	Raft Building	Raft Building	Jet Ski	Jet Ski	Archery	Camp Duties	Jet Ski	Sailing - Pico	Sailing - Pico	Raft Building	Raft Building	Pioneering	Pioneering	Raft Building	Raft Building

STUBBERS MENU 2019					
	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast		Cereal/Toast Bread & Butter, Jam Sausage, Spaghetti, Egg Tea / Cold drink	Cereal/Toast Bread & Butter, Jam Egg, Bacon, Beans Tea /Cold drink	Cereal/Toast Sausage, Spaghetti, Egg, Saute potatoes Tea / Cold drink	Cereal/Toast Bread & Butter, Jam Bacon / Beans / Egg Tea /Cold drink
Vegetarian		Quorn sausages/ egg/ tomatoes/mushrooms/waffle/spaghetti	Quorn sausages/ waffle / egg / beans / mushrooms	Quorn sausages/ egg/ tomatoes/mushrooms/waffle/spaghetti	Quorn sausages/ waffle / egg / beans / mushrooms
Lunch	Students to bring packed lunch	Filled Rolls Crisps Yoghurt / Mousse Fruit, Camp Cake Cold drink	Beef/Chicken Burger Crisps, Camp Cake Yoghurt / Mousse Fruit/Cookie Cold Drink	Filled Rolls Crisps Yoghurt / Mousse Fruit, Camp Cake Cold drink	
Dinner	Chicken Fajitas, Salad	Lasagne / Chilli & Rice Broccoli, Salad Pitta Bread	Sweet n Sour Chicken / Chicken Dhansak Rice / Potatoes (new) Sweetcorn, Green Beans	Pasta Bolognese / Pasta Bake, Baguette / Bread Peas	
Vegetarian	Quorn Fajitas	Vegetarian Lasagne	Quorn Sweet & Sour/Dhansak	Vegetable pasta bake	
	Fruit Strudel / Strawberries & Ice Cream Cold drink	Gateux/Strawberries & Ice Cream Cold Drink	Fruit Crumble & Ice Cream Tinned Peaches / Pears Cold Drink	Lollies Cold Drink	
Supper	Cocoa / Milk / Tea Camp cake / biscuits	Cocoa / Milk / Tea Camp Cake / biscuits	Cocoa / Milk / Tea Camp cake / biscuits	Cocoa / Milk / Tea Doughnut / biscuits	

KIT LIST

- Fulston Manor Website/Trips/Year 9 Camp 2019/Student Kit List

DO BRING:

- Sleeping Bag and pillow.
- Clothing that can **and will** get wet / dirty & 2 pairs of trainers.
- Swimming costume (2)
- Long sleeved T-shirt and trousers
- Eating utensils – knife, fork, spoon, plate, bowl, cup and tea towel, water bottle.
- Toiletries
- Torch
- £10 max. pocket money – tuck shop on site. In change would be preferable

MEDICATION/FIRST AID

- If you have informed us of any existing medical concerns, Mrs Hall & Mrs Franks will collect in medications on Monday morning, on the tennis courts.
- *All medication should be put in an envelope. It must be clearly labelled with the student's name, the contents and dosage directions.*
- If any issues arise whilst at camp, Mr Patey and Miss Sinnerton are our first aid trained members of staff (all Stubbers staff are trained).
- If there is any information you have forgotten/yet to tell us regarding medical concerns, please do at the end!

EXPECTATIONS

- Normal school rules apply whilst at camp and all staff will continue to follow the three warning system.
 - It is expected that behaviour is at the usual high standard.
 - Students must be responsible so that instructors can instruct
 - Any behaviour problems will be dealt with in line with school policies.
 - Severe problems **can** result in pupils being returned to school.
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- If a student brings an item to camp which wouldn't be allowed in a class room, it will be confiscated and returned to parents on the Friday

CONTACT WITH CAMP

- Any urgent contact must be done through the school via the main reception.
- Mobile Phones – these cannot be secure. Any phones used or found will be confiscated and returned when we arrive back at school on Friday afternoon.



QUESTIONS?

Please remain behind if you have any questions.

Or, email me directly on:

cpatey@fulstonmanor.kent.sch.uk

THANK YOU FOR COMING.