

# Fulston Manor School

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SBU/NFI

16<sup>th</sup> December 2020

Dear Parent/Guardian

## RE: ADVICE TO ALL PARENTS REGARDING POSITIVE COVID-19 CASES IN SCHOOL

Over the course of yesterday and last night, we have had five positive cases in our school community of students that have tested positive for COVID 19. This affects the Year 8, 9, 10 and 11 bubbles. We have already written to those that are potential contacts. We know that you may find this concerning but we will continue to monitor the situation.

This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

The small number of children who have been in close contact with the individual who has tested positive for coronavirus (COVID-19) have received a letter informing them that their child must stay at home for 10 days from last point of contact.

The school remains open to all those that have not been asked to self-isolate and your child should continue to attend as normal if they remain well.

### What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least **10 days** from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

All other household members who remain well, must stay at home and not leave the house for 10 days (from Monday). This includes anyone in your 'Support Bubble'.

Further information is available at: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

The 10-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home. If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online. Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community

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If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

### **Symptoms**

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

**For most people, coronavirus (COVID-19) will be a mild illness.**

If your child does develop symptoms, you can seek advice from the nhs.uk website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

### **How to stop COVID-19 spreading**

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

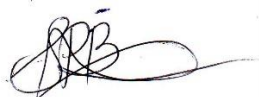
*Do*

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

### **Further Information**

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours faithfully



**Mrs S Burden**  
**Head of School**

## **Year 7**

Mrs Franks, Head of Year 7 and Mr Raher, Assistant Head of Year 7

Pastoral Assistants for Year 7: Mrs Stanley and Dr Stevens-Neaves

Please contact via email on: [Year7Pastoral@fulstonmanor.kent.sch.uk](mailto:Year7Pastoral@fulstonmanor.kent.sch.uk) or telephone: 01795 412612

## **Year 8**

Miss Jeffery, Head of Year 8 and Mr Westby Assistant Head of Year 8

Pastoral Assistant for Year 8: Mrs Goodger

Please contact via email on: [Year8Pastoral@fulstonmanor.kent.sch.uk](mailto:Year8Pastoral@fulstonmanor.kent.sch.uk) or telephone: 01795 412611

## **Year 9**

Mr Abbott, Head of Year 9 and Miss Caulfeild-Browne, Assistant Head of Year 9

Pastoral Assistants for Year 9: Dr Stevens-Neaves and Mr Pounds

Please contact via email on: [Year9Pastoral@fulstonmanor.kent.sch.uk](mailto:Year9Pastoral@fulstonmanor.kent.sch.uk) or telephone 01795 412625

## **Year 10**

Ms Hadok-Quadrio, Head of Year 10

Pastoral Assistant – Mrs Forder

Please contact via email on [Year10Pastoral@fulstonmanor.kent.sch.uk](mailto:Year10Pastoral@fulstonmanor.kent.sch.uk) or telephone 01795 412609

## **Year 11**

Mr Deeks, Head of Year 11

Pastoral Assistant – Mrs Wood

Please contact via email on [Year11Pastoral@fulstonmanor.kent.sch.uk](mailto:Year11Pastoral@fulstonmanor.kent.sch.uk) or telephone 01795 412610

## **Sixth Form**

Mr Patey, Acting Head of Sixth Form

Pastoral Assistants, Mrs S Horne, Mrs S Larkin, Mrs S Farr

Please contact via [sixthform@fulstonmanor.kent.sch.uk](mailto:sixthform@fulstonmanor.kent.sch.uk) or telephone 01795 412608/01795 412623.