		S	tubbers 2013 Menu		
	Monday	Tuesday	Wednesday	Thursday	Friday
		Cereal, Porridge (staff)	Cereal, Porridge (staff)	Cereal, Porridge (staff)	Cereal
		Toast, Jam	Toast, Jam	Toast, Jam	Toast, Jam
		Bacon, Saute Pots, Beans,	Sausage, Tomatoes,	Bacon, scrambled eggs,	Sausage, Saute Pots, Beans,
		Tea / Milk	Egg (fried/scrambled),	Spaghetti	Tea / Milk
Breakfast			Tea / Milk	Tea / Milk	
		Cereal, Porridge (staff)	Cereal, Porridge (staff)	Cereal, Porridge (staff)	Cereal, Porridge (staff)
		Toast, Jam	Toast, Jam	Toast, Jam	Toast, Jam
		Eggs, waffles, beans	Scrambled eggs, tomatoes	Spaghetti on Toast/	Eggs & beans, grilled
Vege				Scrambled Egg on Toast	mushrooms
alternative				waffles	
		Hot Dog	Jacket Potato	Filled rolls (soft)	
		Fried Onion, Crisps	Cheese, Beans, Tuna	Crisps	
		Mousse/Yoghurt, Fruit	Camp Cake, Fruit	Mousse / Yoghurt , Fruit	
Lunch		Cold Drink	Cold Drink , Crisps	Cold Drink	
	Cold Meat	Pasta Bolognese /	French Country Chicken /	Mince Beef Hotpot / Chilli	
	Jacket Potato,	Pasta Bake,	Sweet n Sour Chicken	Jacket / Boiled Potato,	
	Salad, Coleslaw	Baguette / Bread	Rice, Cabbage, Sweetcorn	Baguette / Pitta	
Dinner		Sweetcorn, Carrots			
Vege alternative	Quiche, Jacket potato, salad, coleslaw	Vegetable bake	Vegetable lasagne	Quorn hot pot	
	Gateaux (choc/strawberry),	Fruit Crumble	Bread & Butter Pudding	Fruit Crumble	
	Ice Cream	Custard / Ice Cream	Custard / Ice Cream	Ice Cream	
	Cold drink	Cold Drink	Artic Roll,	Cold Drink	
			Cold Drink		
	Cocoa / Milk / Tea	Cocoa / Milk / Tea	Cocoa / Milk / Tea	Cocoa / Milk / Tea Camp	
		Camp Cake	Cookie	Cake / Doughnut /	
Supper				Cookie	