

# What to wear for activities

			Wet Shoes	Enclosed Footwear	Change of clothes	Swim Wear	Long Sleeves	Long Trousers	Coat / Jacket	Wet Suit Provided
Paddleboards	Wet	Outdoor	✓		✓	✓				✓
Kayaking	Wet	Outdoor	✓		✓	✓				
Open Canoeing	Wet	Outdoor	✓		✓	✓				
Jet Ski	Wet	Outdoor	✓		✓	✓				
Sailing	Wet	Outdoor	✓		✓	✓				
Climbing	Dry	Outdoor		✓			✓	✓		
High Ropes	Dry	Outdoor		✓			✓			
Archery	Dry	Outdoor		✓			✓			
All Terrain Boarding	Muddy	Outdoor		✓						
Team Challenge	Dry	Outdoor		✓						
Tunnelling	Dry	Indoor		✓				✓		
Laser Tag	Dry	Outdoor		✓			✓	✓		
4 x 4 Jeep	Muddy	Outdoor		✓				✓		
Camp Duties	Dry	Indoor		✓						

## Items needed:

- 1) Sleeping bag & pillow
- 2) Torch
- 3) Warm clothes - night (jacket / hat)
- 4) Knife, fork, spoon, plate, bowl, mug.....
- 5) Decent footwear round camp site (especially if wet)
- 6) Footwear to get wet - canoeing / kayaking / wobbly board / bell boat etc
- 7) Waterproofs (only if inclement weather)
- 8) Hat / sun tan lotion (check weather)
- 9) Water bottle
- 10) Bin bags...(to bring home wet kit)