

# Fulston Manor Learning Journey

At Fulston Manor our Personal Development Curriculum is designed to help students gain the skills, knowledge and understanding they need to lead healthy, independent lives and to become informed, active and responsible citizens.

The personal development curriculum embraces the strands of Citizenship, Personal, Social and Health Education (PSHE) and Careers Education Information and Guidance (CEIAG)

All our students are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of the school and the wider community as part of our Fulston Manor Learning Journey. In doing so, students learn to recognise their own worth, develop a sense of their own identity and the ability to take their place in the community as well as respect and work with others.

Students are encouraged to reflect on their experiences and to recognise how they are developing personally and socially, addressing the spiritual, social, moral and cultural issues that form an intrinsic part of growing up.



Everybody Matters, Everybody Succeeds, Everybody Helps

The aims of our Personal Development Curriculum (PDC) and Relationships and Sex Education (RSE) are to:

- Promote students spiritual, moral, cultural, mental and physical development
- Prepare them for the opportunities, responsibilities and experiences of later life.
- Provide a framework in which sensitive discussions can take place
- Prepare pupils for puberty, and give them an understanding of sexual development and the importance of health and hygiene
- Help pupils develop feelings of self-respect, confidence and empathy
- Create a positive culture around issues of sexuality and relationships
- Teach pupils the correct vocabulary to describe themselves and their bodies

- ❑ To review and implement curriculum changes with a view to ensuring suitable diversity across the curriculum offer
- ❑ To ensure that the rigorous remote curriculum still runs parallel to the in-school curriculum, where pupils are isolating or unable to attend school
- ❑ To use the Rosenshine principles in order to utilise research and classroom practice to improve student progress
- ❑ Where new staff are within the department, ensure that induction and ongoing support is in place

