## SAFEGUARDING

Fulston Community Safeguarding Newsletter Term 1

## Vapes

We are becoming increasingly aware that some of our young people are purchasing vapes in the community, or having someone at home purchase them for them. We must stress that vapes contain nicotine, are highly addictive and you must be 18 or over to purchase or use a vape.



We understand that some of our young people may have become addicted to nicotine and feel vaping is the 'safer' alternative to smoking cigarettes.

Can we ask for your support in not purchasing vapes for your young person and, should you feel your young person needs additional support, please see the below links:

ASH (Action on Smoking and Health): https://ash.org.uk/ fact-sheets/

Kids Health: https://kidshealth.org/en/parents/ecigarettes.html

## Online Safety

We are always aware of concerns around content children are accessing online, online bullying and the way in which social media can negatively impact the young people in our school.

Below are some links for support for parents; please also contact your child's house should you want to discuss your concerns any further.

Internet Matters NCA-CEOP: Thinkuknow

Childnet

NSPCC Online Safety

Parent Zone

Fulston works closely with the Sittingbourne Food Bank, and as a school we can issue

foodba

vouchers for families in need. Please contact your child's Head of House to request support. This includes Fuel Vouchers.



additional support, or you are worried about a child, please contact Holly Woollcott, the Designated Safeguarding Lead on safeguard-

ing@fulstonmanor.kent.sch.uk

This mail box is manned during the holidays.

If your concern is urgent you can call to Specialist Children's Services on 03000 411111

## Safeguarding and Wellbeing within the Fulston Family







We are committed to the safeguarding and wellbeing of all members of the Fulston Family. We have detailed Child Protection, Safeguarding and Wellbeing Policies and work hard to ensure these are followed at all times.

Anyone who has a concern about a member of our community, believing that they may be suffering or are at risk of harm or abuse, should report it to the designated afeguarding lead, in the first instance. If this is not please contact any of the members of our ding and Wellbeing Team.

6









