

Fulston Manor School Student Newsletter



Issue 001

#FulstonInFocus

June 2023

Welcome from Mrs Burden, Executive Headteacher...

Welcome to the first edition of our Student Newsletter. We are going to publish these regularly to let you know of upcoming events, give out notices and share some of the great work that is taking place across FMS. These newsletters will also explain aspects of school life to you, so you are informed and understand how we are working with you to make things better for everyone. We are looking forward to publishing some articles by students and staff over the coming newsletters, covering the many wonderful things our Fulston Family get involved with every week at FMS.

School Council Update

This term will see some changes to our current School Council system. The council will be split into two groups - KS3 and KS4/5. This will mean more time for your School Council representatives to discuss the matters that you ask them to.

Remember the School Council is your way of letting us know what you would like from FMS. So far this year the council have helped bring about the change from Arbor back to ClassCharts, have secured over 1000 trees to be planted at Cromer's Corner, prompted improvements to student toilets and have been successful in requesting more litter picking and bins for the school site.

When the council meet this term they will be discussing water bottles, the use of phones in school and also putting together articles for this, our new Student Newsletter!

If you have any questions or want to get involved, please speak to your Head of House.



Student Surveys

Many students ask why they have to complete surveys twice a year? We do this to help us ensure that everyone is happy and safe in school, and so that you have the opportunity to raise any issues about your lessons or about school life, in general.

Many of the questions are the same, this allows us to see whether or not you are happier about the things we ask each term. So when you see the next survey on your ClassCharts to-do list, please take five minutes to fill it out knowing that your views count and help us change things, in school, for the better.



Fulston Family Prepares for Aspirations Week!

Aspirations Week will take place at FMS from 10th-14th July. This is a great opportunity for you to research possible careers, try different skills and experience new places. Year 7 & 8 will be in school for the majority of the week discovering what university life is like, becoming a 'Sixth Former for the day' as well as improving your literacy and presentation skills. Year 9 will be attending camp, where you will get to work in teams and experience new activities and Year 10 will be completing a week of work experience, which will help to decide your future careers. Our Year 12's will also be going on work experience and we have some wonderful placements - even including someone spending the week in Parliament! We also have students working at the National Grid, with the Army, and many accountancy firms. We are really looking forward to this year's Aspirations Week and seeing you all flourish!

Year 9 Camp!

As part of our Year 9 programme of studies, we have, for many years, included a summer residential activity camp. Year 9 Camp is a vital aspect of the curriculum that cannot be covered using our school site and we are looking forward to being able to take advantage of this opportunity again in 2023. It is also a long-standing tradition at Fulston and is often one of the most memorable experiences that you will take from your school days.

The aim of the week is to develop your personal skills and confidence through an exciting programme of activities that include:

Archery | Team Building | Climbing Wall | High Ropes Course | BMX | Bouldering | Mountain Biking | Canoeing | Orienteering | Obstacle Courses | Bush Craft | Zip Wire and many many more!

This programme has been carefully planned and tested to allow every individual to participate in every activity, in an environment that is outside of your usual school routine. It is very important to the success of our Year 9 Camp that everybody gets on with each other and works together as a team!



Reading Recommendations from our Librarian, Mrs Silver...



A quick read - **Needle** by Patrice Lawrence

A powerful and heart-rending exploration of a teenager's journey through grief, rage and getting caught in the criminal justice system from award-winning author Patrice Lawrence.

One to spend some time with - **October, October** by Katya Balen

A classic in the making for anyone of any age who ever longed to be WILD. October and her dad live in the woods. They sleep in the house Dad built for them and eat the food they grow in the vegetable patches. They know the trees and the rocks and the lake and stars like best friends. They read the books they buy in town again and again until the pages are soft and yellow - until next year's town visit. They live in the woods and they are wild. And that's the way it is. Until the year October turns eleven.



New in the library - **Tiger Wars** by Steve Backshall

Deadly Adversaries. An Impossible Mission. Tiger Wars. Saker is on the run from the only life he knows. From India to the Himalayas and China he'll be pursued by hunting dogs, mercenaries, spies, thieves and assassins in his quest to set free the most majestic, lethal and valuable of all the predators - the tiger.

Elevate Education

A level courses require a huge amount of independent study and so we are working with Elevate Education to provide guidance for tackling this effectively.

Students in Year 12 have completed a school programme this term exploring time management and how best to organise yourself. This support will continue next year with sessions to:

Ace your exams | exploring how to work effectively | fix mistakes | build on exam techniques.

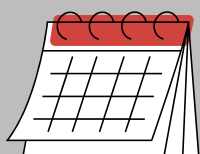
These tips will be instrumental when supporting your progress and success.

Sixth Form Induction Days

At the end of June, students in Year 11, along with those hoping to join us from neighbouring schools, have been invited into our sixth form for three days, to experience sixth form life and have a taster of the subjects you are looking to study at A level.

These days are a fantastic opportunity to trial our A level programme and make plans and targets for next year, once you receive your exam results in August.

Remember...



GCE (A level) Results Day
Thursday 17th August 2023

GCSE Results Day
Thursday 24th August 2023

If you cannot collect your own results, you can designate someone to collect them on your behalf. The designated person must bring a signed letter from you and photographic ID for themselves.

Year 10 Work Experience

For those Year 10 students going on work experience in July, we wish you the best of luck! Be enthusiastic and learn as much about the workplace as you can. A few reminders are:

- Remember to take your diary with you and complete it each day. Bring this back into school after your placement.
- If you are unwell during your placement, you must contact both your placement and us, so that we are aware.
- Plan your journey to your placement and how long it will take to get there - being late does not create a good first impression.
- Remember that the workplace is an adult environment and you should make sure you are following instructions and on your very best behaviour at all times.

During the week you are likely to get a personal visit from a member of staff to check up on how you are doing. Anyone who does not get a visit will get a phone call.

Safeguarding at FMS

Safeguarding is the way in which we, as a school, work to protect you, and your families from harm. This can be in or out of school. Within Fulston we have lots of specially trained staff who carry out this role every day.

If you have any concerns for yourself, a friend or you just think there is something you would like to talk to us about, please come and see any one of the following people...

Safeguarding and Wellbeing within the Fulston Family



Mrs Woolcott
Designated
Safeguarding Lead



Mr Abbott
Student Development
Lead



Mrs Franks
Mental Health and
Wellbeing Lead

We are committed to the safeguarding and wellbeing of all members of the Fulston Family. We have detailed Child Protection, Safeguarding and Wellbeing Policies and work hard to ensure these are followed at all times.

Anyone who has a concern about a member of our community, believing that they may be suffering or are at risk of harm or abuse, should report it to the designated safeguarding lead, in the first instance. If this is not possible, please contact any of the members of our Safeguarding and Wellbeing Team.



Mrs Burden
Executive Headteacher



Mr Bowden
Deputy Headteacher



Mr Bendon
Assistant Headteacher



Mrs Davies
Head of Sixth Form



Ms Hadok-Quadrio
Head of Cramer



Mr Deeks
Head of Hales



Mr Westby
Head of Morrison



Mr Patey
Head of Stanhope



Miss Caulfield-Browne
Student Support Manager



Fulston Manor School
everybody matters, everybody succeeds, everybody helps



@fulstonfamily

