## **KS3 Food**

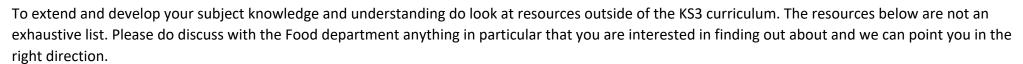
## **Core textbooks**

• Exploring Food and Nutrition for KS3 (Hodder) by Yvonne Mackey, Bev Saunder

## Further resources to aid with KS3 curriculum

- Cooking programmes
- Recipe Websites, Books & Magazines





Topic	Read	Watch	Explore and visit
Food Commodities	<ul><li>Recipe books</li><li>Recipe</li></ul>	There is a vast number of different cookery based programmes that	Cadburys World, Birmingham     (https://www.cadburyworld.co.uk/)
Principles of Nutrition	Magazines  Good Food	you can watch through a range of platforms. These are just a few	The Food Museum, Suffolk (https://foodmuseum.org.uk/learn/educational-visits/)
The Science of Food	Guide	possibilities to consider –	The Kent County Show (https://kcas.org.uk/)
Planning Meals		<ul><li> Junior Masterchef</li><li> Nadiya Bakes/Time to Eat</li></ul>	<ul> <li>Brogdale Farm, Faversham (<a href="https://brogdalecollections.org">https://brogdalecollections.org</a>)</li> <li>Whitstable Oyster Farm</li> </ul>
Food Spoilage		<ul><li>British Bake Off</li><li>Great British Menu</li></ul>	(https://whitstableoystertours.co.uk/)  • Macknade Food Hall, Faversham
Cooking and Food Preparation		Saturday morning Kitchen	<ul><li>(https://macknade.com/pages/macknade-faversham)</li><li>Oad Street Food and Craft, Kent</li></ul>
Diet and Good Health			<ul> <li>(http://www.oadstreetfoodandcrafts.com/)</li> <li>Food and Drink festivals (these take place all around the area at different times of the year</li> </ul>
Food Provenance/Manufacturing and Sustainability			(https://www.canterburybid.co.uk/venue/dane-john-gardens/)

