

BTEC National Extended Diploma in Health and Social Care

Core textbooks

- *Pearson BTEC National Health and Social Care Student Book 1* (2016) by M. Billingham et al
- *Pearson BTEC National Health and Social Care Student Book 2* (2016) by C. Aldworth et al

Revision Guides

Pearson REVISE BTEC National Health and Social Care Revision Guide inc. online edition - 2023 and 2024 exams and assessments (2017) by B Baker et al

Further resources to aid with the BTEC National curriculum

- tutor2u - Sociology



Take it further – Unit 1 Human Lifespan Development

Topic	Read	Listen	Watch	Explore and visit
	<ul style="list-style-type: none"> • <i>Human Growth and Development</i> (2019) by C. Beckett & H Taylor • <i>Why Love Matters</i> (2014) by S Gerhardt • <i>The Body</i> by Bill Bryson • <i>Raising a secure child</i> By Hoffman, Cooper and Powell • <i>The whole-brain child</i> by Dr Segel and Dr Bryson • <i>Elderhood</i> by Louise Aronson • <i>The Summer of a Dormouse</i> by John Mortimer 	<ul style="list-style-type: none"> • Happy mum happy baby – Giovanna Fletcher • Parenting in the Rain with Jackie Flynn – Learn out loud • Happier with Gretchen Rubin - Apple • Lifespan with Dr David Sinclair – Apple & Audible 	<ul style="list-style-type: none"> • Wonder – film • Davina McCall: sex, myths and the menopause – Channel 4 • The secret life of 4 and 5 year olds – Channel 4 • Sam and Billie: The mummy diaries – ITVX • Feral Families – Channel 5 	<ul style="list-style-type: none"> • Body world • Freud Museum • Demelza House • The V&A Museum of Childhood • Sleep Assessment & Advisory Service (SAAS)

Take it further – Unit 2 – Working in Health and Social Care

To extend and develop your subject knowledge and understanding do look at resources outside of the BTEC National. The resources below are not an exhaustive list. Please do discuss with the Social Science department anything in particular that you are interested in finding out about and we can point you in the right direction.

Topic	Read	Listen	Watch	Explore and visit
	<ul style="list-style-type: none"> • <i>This Is Going To Hurt</i> by Adam Kay • <i>The Language Of Kindness: A Nurses Story</i> by Christie Watson • <i>Becoming A Social Worker</i> by Vivienne Cree • <i>Hard Pushed: A Midwife's Story</i> by Leah Hazard 	<ul style="list-style-type: none"> • King's Fund podcast – The King's Fund • The social care podcast - Spotify • The health foundation podcast – Health.org.uk • IMG Advisor: The Podcast – Spotify and Apple • Our Voices – in the NHS – Facebook & SoundCloud • Learn on the go: the community care podcast – Spotify & Apple 	<ul style="list-style-type: none"> • Stacey Dooley – on the psych ward - BBC • Rhod Gilberts work experience - BBC • 24 hours in A&E – Channel 4 • Marley and Me - Film • One born every minute – Channel 4 • Nurses - Iplayer 	<ul style="list-style-type: none"> • Alexander Fleming museum • Old operating Theatre • Florence nightingale museum • Anaesthesia Museum • Bethlem Royal Hospital • The Gordon Museum of Pathology

Take it further – Unit 7 Principles of Safe Practice in Health and Social Care

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Topic	Read	Listen	Watch	Explore and visit
	Warning: the content of this Unit includes studying failures in care and so much of the content of these programmes/films/reading material/podcasts may be upsetting or distressing – they are targeted at those aged 16+.			
	<ul style="list-style-type: none"> • <i>The Story of Baby P</i> by Ray Jones • Mid Staffs hospital scandal: the essential guide - Guardian 	<ul style="list-style-type: none"> • NICE – What role does NICE play in patient safety? 	Warning: the content of this Unit includes studying failures in care and so much of the content of these programmes/films may be upsetting. <ul style="list-style-type: none"> • The Cure – Channel 4 • When the Caring Stops – Panorama BBC • Panorama Undercover Hospital Patients at Risk 	

Take it further – Unit 8 Promoting Public Health

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Topic	Read	Listen	Watch	Explore and visit
Unit 8 – Public Health Promotion	<ul style="list-style-type: none"> • <i>Foundations for Health Promotion Fifth Edition</i> (2023) by J Wills • <i>The Essential Guide to Public Health and Health Promotion</i> (2014) by S R Thompson 	Royal Society of Public Health Podcasts: <ul style="list-style-type: none"> • Roy Lilley on Obesity Part 1 • Roy Lilley on Obesity Part 2 • NICE – How NICE is working to reduce health inequalities • NICE – Why you should get the flu jab 	<ul style="list-style-type: none"> • Panorama – Obesity: Who Cares if I’m Bigger (iplayer) • Obesity: England’s most pressing healthcare challenge? • Rich house, poor house – Channel 5 	<ul style="list-style-type: none"> • The Science Museum London: <ul style="list-style-type: none"> - Cholera in Victorian London - The Health of the Nation • The Wellcome Collection

Take it further – Unit 4 Enquiries into Current Research in Health and Social Care

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Topic	Read	Listen	Watch	Explore and visit
	<ul style="list-style-type: none">• <i>Research Methods for Health and Social Care</i> by Joanne Neale (2008)• <i>BBC News</i> for contemporary health and social care issues.• <i>ITV News</i> for contemporary health and social care issues.	<ul style="list-style-type: none">• CQC Connect – several episodes available on Spotify• NICE Talks – several episodes available on Spotify• NHS England Podcasts – several episodes available on Spotify• UK Healthcast – several episodes available on Spotify• Inside Health – several episodes available on Spotify	<ul style="list-style-type: none">• Help – Channel 4 documentary starring Jodie Comer who tells the story of care workers during lockdown.• The three identical strangers – can be found on Netflix. Film which highlights ethical issues in research.• The Health Care Divide - documentary• The Bleeding Edge – film about cutting edge technologies and impacts on patients.	<ul style="list-style-type: none">• London Museum of Health and Medicine• Faculty of Health and Social Care Riverside Museum

Take it further – Unit 5 Meeting Individual Care and Support Needs

To extend and develop your subject knowledge and understanding do look at resources outside of the BTEC National. The resources below are not an exhaustive list. Please do discuss with the Social Science department anything in particular that you are interested in finding out about and we can point you in the right direction.

Topic	Read	Listen	Watch	Explore and visit
	<ul style="list-style-type: none"> • <i>Fundamentals of Caring</i> by Jonanthan Evison • <i>Five Feet Apart</i> by Lippincott, Daughtry, laconis • <i>I am Malala</i> by Malala Yousafzai • <i>The Story Of Baby P</i> by Ray Jones 	<ul style="list-style-type: none"> • Let's Talk About Care - Apple • The care exchange from Skills for Care - Apple • ALLIANCE Live - Youtube • Voice of Care - Apple • Communication in health and social care - Apple • Learn on the go: the community care – Spotify & Apple 	<ul style="list-style-type: none"> • The Children Act - Film • Best Interests - BBC • Billy Monger Story - BBC • Jessy Nelson: Odd one out - BBC • The upside - film • Inside out - film • Louis Theroux: Extreme Love – Dementia - BBC • Up – Film • Panorama - BBC 	<ul style="list-style-type: none"> • Houses of parliament • UK Supreme Court • The Wellcome Collection

Take it further – Unit 11 Psychological Perspectives in Health and Social Care

To extend and develop your subject knowledge and understanding do look at resources outside of the BTEC National. The resources below are not an exhaustive list. Please do discuss with the Social Science department anything in particular that you are interested in finding out about and we can point you in the right direction.

Topic	Read	Listen	Watch	Explore and visit
	<ul style="list-style-type: none"> • <i>Unthinkable</i> by Helen Thomson (2018) • <i>Client Centred Therapy: it's current practice, implications and theory.</i> By Carl Rogers (2003) • <i>Sedated: how modern capitalism created our mental health crisis</i> by James Davies (2022) 	<ul style="list-style-type: none"> • 'The Psychology of your 20s'podcasts – several episodes available on Spotify. • Modern Wisdom podcasts – several episodes available on Spotify. • NICE Talks – several episodes available on Spotify • NHS England Podcasts – several episodes available on Spotify • UK Healthcast – several episodes available on Spotify • Inside Health – several episodes available on Spotify 	<ul style="list-style-type: none"> • A Beautiful Mind – Schizophrenia • To the Bone – Eating Disorders. • Silver Linings Playbook – Bipolar Disorder • A Beautiful Boy – Addiction 	<ul style="list-style-type: none"> • London Museum of Health and Medicine • Freud Museum, London • Bethlem Royal Hospital Museum, Beckenham • The Science Museum, London • The Museum of Happiness, East London

Take it further – Unit 12 Supporting Individuals with Additional Needs

To extend and develop your subject knowledge and understanding do look at resources outside of the BTEC National. The resources below are not an exhaustive list. Please do discuss with the Social Science department anything in particular that you are interested in finding out about and we can point you in the right direction.

Topic	Read	Listen	Watch	Explore and visit
	<i>The Politics of Disablement</i> (1990) by M Oliver <i>Eleanor Oliphant is Completely Fine</i> (2017) by Gail Honeyman <i>The Vanishing Act of Esme Lennox</i> (2006) by Maggie O Farrell <i>Never Will I Die</i> (2023) Toby Gutteridge	<ul style="list-style-type: none">Access all: Disability News and Mental Health (BBC)	<ul style="list-style-type: none">Billy Monger Story - BBCMaking A Life Worth Living: My Life With Down SyndromeLife as a Quadriplegic: Sophia Malthus (NZ)BBC Panorama: Will the NHS Care For Me?	<ul style="list-style-type: none">Royal Museums Greenwich – November – Disability History Month