

PERSONAL DEVELOPMENT CURRICULUM 2023-2024

LOGISTICS AND LOCATION OF PERSONAL DEVELOPMENT CURRICULUM LEARNING MATERIAL, ETC.

- PDC is one lesson every two weeks which is identified on individual staff timetables
- PDC will be taught as a 60 minute lesson, this will be identified on staff and students timetables. The lessons will be mixed ability and mixed gender, therefore staff will have to amend lessons to suit their cohort and SEND/PP. It will be essential in helping staff to build confidence and start to re-build relationships/bonds in school. These bonds will be beneficial in encouraging positive discussions in the classroom, especially for the topics that contains sensitive content such as domestic abuse or inappropriate relationships, etc.
- All lessons are in the shared area (see pathway and link below). The folder is broken up in to year groups and within each year group are the different Topics/lessons to be taught. Each Topic has 4 lessons depending on the length of term. See the PDC Rotation plan. The pathway is X:\Curriculum Subjects\Personal Development Curriculum
- Each Topic will be led by a year group pair, e.g. 7CA CGO and 7CH LBI this pairing would take the lead for Wellbeing and First aid lessons. Teachers may use these skeleton/draft lessons, but they should be adapted to suit the student's needs. The lead teachers will only have to plan/amend/revise those 4 lessons so that the material is relevant for 2023 and 4 lessons/learning material for unplanned absence.

EXPECTATIONS FOR LESSON

- As expected, all lessons should be well planned and resourced, using the school lesson plan pro-forma. **We do expect quality first teaching** of PDC lessons at all times. Lesson plans must be placed in the PDC shared documents so other staff follow effectively. All lesson plans must be labelled **Lesson 1; Lesson 2; lesson 3; Lesson 4** within these folders according to the topic and year group for which staff are responsible for.
- Expectation are that students and staff follow the school expectations for books; please follow our presentation expectations for books which can be found in **Staff documents** under **Teaching and Learning**. **LG/HOH/ and KFR will be pottering into PDC lessons regularly and book sampling will take place at the end of each rotation. We should not see graffiti on or inside the books. Please can staff check the books regularly. Classroom expectations should be high.**
- If a book is misplaced or lost, please look for it before requesting a new book. Students must have a book for PDC
- All book must have the name label and the Family Value/ British Values image on the front of the exercise book
- For each topic there must be a topic page with clear learning objectives (PLC) stuck into the books for each student and AFL questions (see shared area) These should be printed on A5 and glues into the books at the start of the topic. It should also be referred to

EXPECTATIONS FOR PLANNED AND UNPLANNED ABSENCE.

- If you have a planned or unplanned absence, appropriate cover must set. **In case of unplanned absence where the member of staff is unable to set cover.** Pre-Prepared resources should be in the year group Topic folder, the lesson and material for the cover lessons should clearly labelled as **"Unplanned cover lesson 1"**. If you have unplanned absence, please follow the school procedure and ensure absence is reported before 7.30am,

please cc KFR into the email. **If you have a planned absence**, please adapt the lesson to be taught and ensure the materials are in the classroom 48 hours before your absence.

EXPECTATIONS FOR AFL

- ☐ As with all other lessons, lesson objectives and AfL should be part of each lesson. Assessment should take part in every lesson and may take the form of written and/or oral tasks. **Partners should ensure that all TOPIC Pages are updated where necessary.** These topic pages should be part of the first lesson of each rota. **PLCs should be completed as part of the lesson plenary. PLC should be in the student's books for them to refer back to during their learning.**
- ☐ If you have any questions, please speak to Karen Franks. On occasions, I will send resources to you, which you may want to order, use or adapt. If you find any resources that you would like to order, please see me and this may be possible. Photocopying must be controlled; where large numbers are needed, please try to reuse the copies (PLEASE SAVE TREES!).

PREPARATION OF MATERIAL

- ☐ Please note that all lessons must be planned and the photocopying of worksheet/assessments should be completed and placed in the classroom before the lesson unless it is unplanned cover. All material must be glued into the book.
- ☐ Please note that all students have a book for PDC, may I suggest that those books remain in the PDC classroom until the end of the year. The books should last throughout KS3 or KS4. Should a student require a new book please email KFR prior to the day of the lesson.
- ☐ Worksheets should be glued into the book by the students, not left loose.
- ☐ Please use the resources that are in the classroom, such as glue, scissors, colouring pencils, etc.

FEEDBACK AND MARKING OF PDC BOOKS

- ☐ Teachers should read the books after the lesson to check for any safeguarding concerns due to the sensitivity of the topics covered. Teachers should correct misconceptions including literacy. **This must be acknowledged by a signature and dated.**

REQUEST FOR TRAINING ON PDC TOPICS

- ☐ If you wish to receive training for any of the topics you are delivering/teaching over the year please identify those training needs with your line manager during your appraisal and provide suggested courses and costs.

YEAR 7: PDC ROTA –

GROUP	ROOM	Number of lessons = 4 Week Beginning: Wk B 11th September Week Ending: Wk 24th November Target Setting (30th October and 6th November)	Number of lessons = 4 Week Beginning: 27th November Week Ending: 2nd February	Number of lessons = 4 Week Beginning: 5th February Week Ending: 19th April Target setting 4th March and 11th March	Number of lessons = 4 Week Beginning: 29th April Week Ending: 21st June Target Setting 17th June and 24th June Family Values week 1st July
7CA	E5	Online Safety CGO	Wellbeing and first Aid CGO	Friendships and Family) CGO	Sex + Relationships (Puberty) CGO
7CB	E1	Online Safety JME	Wellbeing and first Aid JME	Friendships and Family) JME	Sex + Relationships (Puberty) JME
7CC	N11	Online Safety LTA	Wellbeing and first Aid LTA	Friendships and Family) LTA	Sex + Relationships (Puberty) LTA
7CD	N3	Online Safety LTA	Wellbeing and first Aid LTA	Friendships and Family) LTA	Sex + Relationships (Puberty) LTA
7CE	N5	Online Safety FAA	Wellbeing and first Aid FAA	Friendships and Family) FAA	Sex + Relationships (Puberty) FAA
7CF	Y1	Online Safety EPR	Wellbeing and first Aid EPR	Friendships and Family) EPR	Sex + Relationships (Puberty) EPR
7CG	Y1	Online Safety LBI	Wellbeing and first Aid LBI	Friendships and Family) LBI	Sex + Relationships (Puberty) LBI
7CH	Y1	Online Safety LBI	Wellbeing and first Aid LBI	Friendships and Family)) LBI	Sex + Relationships (Puberty) LBI
7CI	T5	Online Safety JME	Wellbeing and first Aid JME	Friendships and Family) JME	Sex + Relationships (Puberty) JME

YEAR 8: PDC ROTA –

GROUP	ROOM	Number of lessons = 4 Week Beginning: Wk B 6 th September Week Ending: Wk 21st ^h October Target Setting (30th October and 6th November)	Number of lessons = 4 Week Beginning: 13 th November Week Ending: 19 th January	Number of lessons = 4 Week Beginning: 22 nd January Week Ending: 19 th April Target setting 26th February and 4th March	Number of lessons = 4 Week Beginning: 22 nd April Week Ending: 23 rd July Target setting 17th June 24th June and Family Values 1st July
8CA	N12	Being Safe Online NRO	Health and Prevention NRO	Respectful Relationships NRO	Sex + Relationships (FGM) NRO
8CB	H	Being Safe Online HDE	Health and Prevention HDE	Respectful Relationships HDE	Sex + Relationships (FGM) HDE
8CC	E2	Being Safe Online HBO	Health and Prevention HBO	Respectful Relationships HBO	Sex + Relationships (FGM) HBO
8CD	E3	Being Safe Online EPR	Health and Prevention EPR	Respectful Relationships EPR	Sex + Relationships (FGM) EPR
8CE	N10	Being Safe Online NSM	Health and Prevention NSM	Respectful Relationships NSM	Sex + Relationships (FGM) NSM
8CF	G6	Being Safe Online JCR	Health and Prevention JCR	Respectful Relationships JCR	Sex + Relationships (FGM) JCR
8CG	N13	Being Safe Online WTR	Health and Prevention	Respectful Relationships WTR	Sex + Relationships (FGM) WTR
8CH	Y1	Being Safe Online LBI	Health and Prevention LBI	Respectful Relationships LBI	Sex + Relationships (FGM) LBI
8CI	N9	Being Safe Online KBA	Health and Prevention KBA	Respectful Relationships KBA	Sex + Relationships (FGM) KBA

YEAR 9: PDC ROTA –

GROUP	ROOM	Number of lessons = 4 Week Beginning: Wk B 6 th September Week Ending: Wk 21 st October Target Setting (30th October and 6th November)	Number of lessons = 4 Week Beginning: 13 th November Week Ending: 19 th January	Number of lessons = 4 Week Beginning: 22 nd January Week Ending: 19 th April Target setting 26th February and 4th March	Number of lessons = 4 Week Beginning: 22 nd April Week Ending: 23 rd July Target setting 17th June 24th June
9CA	N4	Online Manipulation <i>OBA</i>	Mental Health + Physical Fitness <i>OBA</i>	Intimate Relationships <i>OBA</i>	Taking Risks <i>OBA</i>
9CB	N6	Online Manipulation <i>ABE</i>	Mental Health + Physical Fitness <i>ABE</i>	Intimate Relationships <i>ABE</i>	Taking Risks <i>ABE</i>
9CC	G6	Online Manipulation <i>JME</i>	Mental Health + Physical Fitness <i>JME</i>	Intimate Relationships <i>JME</i>	Taking Risks <i>JME</i>
9CD	M5	Online Manipulation <i>MBI</i>	Mental Health + Physical Fitness <i>MBI</i>	Intimate Relationships <i>MBI</i>	Taking Risks <i>MBI</i>
9CE	E2	Online Manipulation <i>SBN</i>	Mental Health + Physical Fitness <i>SBN</i>	Intimate Relationships <i>SBN</i>	Taking Risks <i>SBN</i>
9CF	N6	Online Manipulation <i>JME</i>	Mental Health + Physical Fitness <i>JME</i>	Intimate Relationships <i>JME</i>	Taking Risks <i>JME</i>
9CG	E4	Online Manipulation <i>MPH</i>	Mental Health + Physical Fitness <i>MPH</i>	Intimate Relationships <i>MPH</i>	Taking Risks <i>MPH</i>
9CH	E5	Online Manipulation <i>CGO</i>	Mental Health + Physical Fitness <i>CGO</i>	Intimate Relationships <i>CGO</i>	Taking Risks <i>CGO</i>
9CI	E4	Online Manipulation <i>MPH</i>	Mental Health + Physical Fitness <i>MPH</i>	Intimate Relationships <i>MPH</i>	Taking Risks <i>MPH</i>

YEAR 10: PDC ROTA

GROUP	ROOM	Number of lessons = 4 Week Beginning: Wk B 6 th September Week Ending: Wk 21 st October Target Setting (30th October and 6th November)	Number of lessons = 4 Week Beginning: 13 th November Week Ending: 19 th January	Number of lessons = 4 Week Beginning: 22 nd January Week Ending: 19 th April Target setting 26th February and 4th March	Number of lessons = 4 Week Beginning: 22 nd April Week Ending: 23 rd July Target setting 17th June 24th June PPE review
10.1	N2	Mental + Physical Wellness <i>CKE</i>	Appropriate Relationships <i>CKE</i>	Sexual Health <i>CKE</i>	Harmful Media <i>CKE</i>
10.2	S	Mental + Physical Wellness <i>CPA</i>	Appropriate Relationships <i>CPA</i>	Sexual Health <i>CPA</i>	Harmful Media <i>CPA</i>
10.3	H	Mental + Physical Wellness <i>HDE</i>	Appropriate Relationships <i>HDE</i>	Sexual Health <i>HDE</i>	Harmful Media <i>HDE</i>
10.4	B12	Mental + Physical Wellness <i>PAR</i>	Appropriate Relationships <i>PAR</i>	Sexual Health <i>PAR</i>	Harmful Media <i>PAR</i>
10.5	Y1	Mental + Physical Wellness <i>CCO</i>	Appropriate Relationships <i>CCO</i>	Sexual Health <i>CCO</i>	Harmful Media <i>CCO</i>
10.6	M4	Mental + Physical Wellness <i>PLH</i>	Appropriate Relationships <i>PLH</i>	Sexual Health <i>PLH</i>	Harmful Media <i>PLH</i>
10.7	N8	Mental + Physical Wellness <i>CAH</i>	Appropriate Relationships <i>CAH</i>	Sexual Health <i>CAH</i>	Harmful Media <i>CAH</i>
10.8	T4	Mental + Physical Wellness <i>LBI</i>	Appropriate Relationships <i>LBI</i>	Sexual Health <i>LBI</i>	Harmful Media <i>LBI</i>
10.9	M6	Mental + Physical Wellness <i>STA</i>	Appropriate Relationships <i>STA</i>	Sexual Health <i>STA</i>	Harmful Media <i>STA</i>

YEAR 11: PDC ROTA –

GROUP	ROOM	Number of lessons = 4 Week Beginning: Wk B 6 th September Week Ending: Wk 21 st October Target Setting (30th October and 6th November)	Number of lessons = 4 Week Beginning: 13 th November Week Ending: 19 th January Year 11 Review of PPE grades 8th January and 15th of January	Number of lessons = 4 Week Beginning: 22 nd January Week Ending: 19 th April Target setting 26th February and 4th March	Number of lessons = 4 Week Beginning: 22 nd April Week Ending: 23 rd July
11.1	Y1	Employability + Finance LBI	Inappropriate Relationships LBI	Health + Prevention LBI	Sexual Health LBI
11.2	H	Employability + Finance HDE	Inappropriate Relationships HDE	Health + Prevention HDE	Sexual Health HDE
11.3	E2	Employability + Finance JOL	Inappropriate Relationships JOL	Health + Prevention JOL	Sexual Health JOL
11.4	E4	Employability + Finance MPH	Inappropriate Relationships MPH	Health + Prevention MPH	Sexual Health MPH
11.5	S	Employability + Finance CPA	Inappropriate Relationships CPA	Health + Prevention CPA	Sexual Health CPA
11.6	N1	Employability + Finance GAB	Inappropriate Relationships GAB	Health + Prevention GAB	Sexual Health GAB
11.7	H	Employability + Finance HDE	Inappropriate Relationships HDE	Health + Prevention HDE	Sexual Health HDE
11.8	T6	Employability + Finance EPR	Inappropriate Relationships EPR	Health + Prevention EPR	Sexual Health EPR
11.9	N11	Employability + Finance JKY	Inappropriate Relationships JKY	Health + Prevention JKY	Sexual Health JKY

GROUP	ROOM	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
12A	M5	Study Skills + Safeguarding JSC	Employability Mr Meades JSC	Relationships Mr Meades JSC	Relationships Mr Meades JSC	Health & Wellbeing Mr Meades JSC	Being in the world Mr Meades JSC
12B	S6	Study Skills + Safeguarding SCD	Employability Mr Meades SCD	Relationships Mr Meades SCD	Relationships Mr Meades SCD	Health & Wellbeing Mr Meades SCD	Being in the world Mr Meades SCD
12c	S1	Study Skills + Safeguarding CGO	Employability Mr Meades CGO	Relationships Mr Meades CGO	Relationships Mr Meades CGO	Health & Wellbeing Mr Meades CGO	Being in the world Mr Meades CGO
12D	T6	Study Skills + Safeguarding PLH	Employability Mr Meades PLH	Relationships Mr Meades PLH	Relationships Mr Meades PLH	Health & Wellbeing Mr Meades PLH	Being in the world Mr Meades PLH
12E	M5	Study Skills + Safeguarding MBI	Employability Mr Meades MBI	Relationships Mr Meades MBI	Relationships Mr Meades MBI	Health & Wellbeing Mr Meades MBI	Being in the world Mr Meades MBI

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GROUP	ROOM	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
13A	T4	Study Skills + Safeguarding STR	Health & wellbeing Empowering Mr Meades STR	Ability Living in the wider world Mr Meades STR	Relationships Mr Meades Health and Emotional Wellbeing STR	Health & Wellbeing Mr Meades Finances STR	Living in the wider world Mr Meades STR
13B	S6	Study Skills + Safeguarding SCD	Health & wellbeing Empowering Mr Meades SCD	Ability Living in the wider world Mr Meades SCD	Relationships Mr Meades Health and Emotional Wellbeing SCD	Health & Wellbeing Mr Meades Finances SCD	Living in the wider world Mr Meades SCD
13c	T5	Study Skills + Safeguarding GVI	Health & wellbeing Empowering Mr Meades GVI	Ability Living in the wider world Mr Meades GVI	Relationships Mr Meades Health and Emotional Wellbeing GVI	Health & Wellbeing Mr Meades Finances GVI	Living in the wider world Mr Meades GVI
13D	T5	Study Skills + Safeguarding GVI	Health & wellbeing Empowering Mr Meades GVI	Ability Living in the wider world Mr Meades GVI	Relationships Mr Meades Health and Emotional Wellbeing GVI	Health & Wellbeing Mr Meades Finances GVI	Living in the wider world Mr Meades GVI
13E	T5	Study Skills + Safeguarding CCO	Health & wellbeing Empowering Mr Meades CCO	Ability Living in the wider world Mr Meades CCO	Relationships Mr Meades Health and Emotional Wellbeing CCO	Health & Wellbeing Mr Meades Finances CCO	Living in the wider world Mr Meades CCO

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