



@fulstonfamily



# Fulston Manor School

## Year 6 Transition 2025

### Student Booklet



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*everybody matters, everybody succeeds, everybody helps*

# Welcome

## to the Fulston Family

*everybody matters, everybody succeeds, everybody helps*

We are delighted to welcome you as a new student of Fulston Manor School and to our Fulston Family.

We know that the transition to a new school can be a worrying time for you and your families, but we can assure you that there is nothing to worry about and our friendly staff and students cannot wait to meet you.

We hope you find the information and materials provided in this booklet helpful, however, should you have any questions, then please do not hesitate to let us know.

We hope your time at Fulston Manor School will be both enjoyable and rewarding, and we look forward working with you to unlock your full potential, as we embark on this exciting next step in your learning journey, together.



**Mrs K Franks**

Assistant Headteacher  
(Transition Co-ordinator)



# A Beginners Guide

## to Fulston Manor School

Starting a new school is an exciting time, but it can also make you feel a little nervous – this is completely normal and understandable. Here are just a few things that we think will be helpful for you to know before you join us, in September...

### What will happen on my first day?

When you arrive at the gates on your first morning you will be greeted by our friendly and helpful staff and Year 11 Prefects, who will welcome you and direct you to your house area. After spending some time with your Head of House you will meet your new tutor who will take you to your tutor room along with everyone else who is in your tutor group.

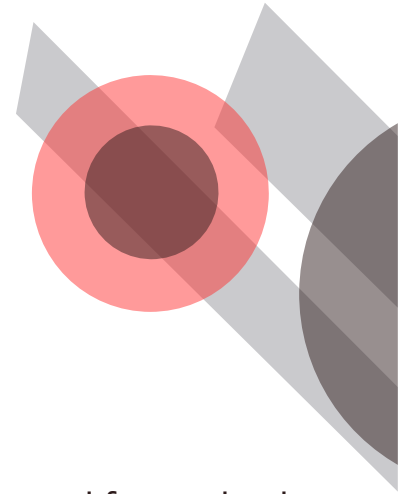
You will spend a lot of time with your tutor throughout your time at Fulston Manor School, particularly on your first day, where they will spend time introducing you to our school and taking you on a tour of our big, but wonderful site. You will also go through plans for your first few days with us, break and lunchtimes and where you can find things in your house area – especially your locker!

#### Here are some of our top tips for your first day:

- Remember where your house area is. If ever need help or support this is the best place for you to go.
- Try and remember the names and faces of your house pastoral team. Your house team are always on hand to help you with anything that you or your family need. The house office is within your house area!
- Get to know your tutor! Your tutor, along with your tutor room will quickly become your safe space. You will see them every morning and they are there to help and guide you throughout your time with us.
- If there is anything you need help with, just ask! You can ask your tutor, house staff, any member of staff and even older students – everybody is here to help you!



# Travelling to and from School



Whether you live a walking distance from school, or you plan to catch the bus or even train each day, we recommend practicing your journey to and from school a few times over the summer. Particularly if you are not used to walking to school or getting on public transport.

Here are a few things you should familiarise yourself with:

- The location and name of the bus stop or train station you will use to get to and from school.
- What time and number train or bus you will need to catch each day, as well as the next bus or train that you can catch if you miss your usual one. How to read the timetable for your bus or train company and what other routes you could take if there is an issue with your normal journey.
- What you should do if you do miss your bus or train – we recommend planning this with your family so that everyone is aware of your plan.
- If you are going to walk to school, perhaps familiarise yourself with a few different routes.
- If you are travelling to and from school with friends, make sure you plan a clear meeting spot where you can wait for and meet your friends each day.
- Links to bus timetables are shown below.

**Chalkwell:**

<https://chalkwell.co.uk/wp-content/uploads/2025/03/350-647-IslandBuses-Chalkwell-Schools-timetable-wef22April2025.pdf>



**Travelmasters:**

<http://www.travel-masters.co.uk/school.htm>

[http://www.travel-masters.co.uk/files/Timetable\\_June\\_2021%20\(2\).pdf](http://www.travel-masters.co.uk/files/Timetable_June_2021%20(2).pdf)



# Our School Day

You must be at school by **8.40am** each day and our house areas will be open to collect all the equipment you need for the day of learning ahead. Breakfast is available in Hales and Stanhope, between 8–8.30am.

Our school day begins at **8.45am** with a daily tutor period.



<b>Breakfast Club</b>	<b>8 - 8.30am</b>
Students in school and ready for the start of the day	<b>8.40am</b>
<b>Tutor/Assembly</b>	<b>8.45 - 9.10am</b>
<b>Lesson 1</b>	<b>9.10 - 10.10am</b>
<b>Lesson 2</b>	<b>10.10 - 11.10am</b>
Break	<b>11.10 - 11.30am</b>
<b>Lesson 3</b>	<b>11.30am - 12.30pm</b>
<b>Lesson 4</b>	<b>12.30 - 1.30pm</b>
Lunch	<b>1.30 - 2.05pm</b>
<b>Lesson 5</b>	<b>2.05 - 3.10pm</b>
Extra-Curricular Clubs and Activities	<b>3.10 - 4pm</b>

Following our tutorial period each morning, you will have five sixty-minute lessons each day. Here is an example of a Year 7 timetable:

Week A	1	2	3	4	5
<b>Monday</b>	French	English	Geography	Mathematics	History
<b>Tuesday</b>	Science	History	DT	French	FD/TX
<b>Wednesday</b>	English	Art	Mathematics	Geography	Citizenship
<b>Thursday</b>	RS	Performing Arts	PE	Computing	Science
<b>Friday</b>	Mathematics	Science	PDC	English	Games

Week B	1	2	3	4	5
<b>Monday</b>	French	English	Geography	History	Mathematics
<b>Tuesday</b>	Science	Computing	DT	PE	FD/TX
<b>Wednesday</b>	English	Art	Mathematics	Performing Arts	Geography
<b>Thursday</b>	RS	Science	French	Computing	Art
<b>Friday</b>	Mathematics	History	Games	English	Science

## Here is an example of our Extra-Curricular Clubs and Activities Timetable...

DAY	NAME OF CLUB	TIME	VENUE
<b>MONDAY</b>	Dungeon and Dragons Club	13.35 – 14.00	BC2
	Latin Club	13.35 – 14.00	T1
<b>TUESDAY</b>	Samba Band	08.30 – 09.10	P3
	Dungeon and Dragons Club	13.35 – 14.00	BC2
	Table Tennis	13.30 – 13.50	Gym
	Climate Champions	13.35 – 14.00	G1
	Drama Club (Can bring lunch with you)	13.35 – 14.05	P3
<b>WEDNESDAY</b>	Choir	08.30 – 09.10	P3
	Dungeon and Dragons Club	13.35 – 14.00	BC2
<b>THURSDAY</b>	French Club	13.35 – 14.00	BC2
	Just Dance	13.35 – 14.00	Gym
	Alphabet Club	13.35 – 14.00	Y5
	Coding and Game Developers Club	13.35 – 14.00	B12
	British Sign Language Club	13.35 – 14.00	T6
	Dungeon and Dragons Club	13.35 – 14.00	B3
<b>FRIDAY</b>	Orchestra	08.30 – 09.10	P2
	Senior Vocal Group	08.30 – 09.10	P3
	Dungeon and Dragons Club	13.35 – 14.00	BC2
	Duke of Edinburgh Award	13.30 – 14.00	E4
	Table Tennis	13.30 – 13.50	Gym

DAY	NAME OF CLUB	TIME	VENUE
<b>MONDAY</b>	Homework Club	15.10 – 16.10	Library
	Tennis	15.10 – 16.10	Tennis Courts
<b>TUESDAY</b>	Homework Club	15.10 – 16.10	Library
	News Club	15.10 – 16.10	TBA
	Athletics	15.10 – 16.10	Field
	Netball	15.10 – 16.15	Sports Hall
<b>WEDNESDAY</b>	Homework Club	15.10 – 16.10	Library
	Creative Writing	15.15 – 16.15	S22
<b>THURSDAY</b>	Homework Club	15.10 – 16.10	Library
	Multi Sports	15.10 – 16.10	Sports Hall
	Acrobatics Club (Week A)	15.15 – 16.15	Gym
	Dance Club (Week B)	15.15 – 16.15	P3
	Science Club	15.15 – 16.15	G8
	Art Club (Week B)	15.15 – 16.00	Y6
<b>FRIDAY</b>	Homework Club	15.10 – 16.10	Library



# First Day Equipment Checklist

Starting a new school can be a daunting experience. Ensuring you have all the equipment you need is one small way of easing any anxieties about your first day.



Pencil Case



2b Pencils



Normal writing equipment



Maths Set



Reading Book



Colouring Pencils



Black Pen

# Typical Weekly Menu

CATERING MENU									
Week 1 - 21 April 2025 & 12th May									
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Macaroni-cheese 1.70	£1.70	Steak Bake 2.70	£1.70	Chicken skewers with pitta bread 2.70	£1.70	Meatballs in tomato sauce with spaghetti 2.40	£2.50	Battered Cod 2x	£1.70
Chicken Balti and Rice 7.40	£2.50	Pizza Pepperoni or cheese and tomato 2.70	£1.70	Cheese and bacon diamonds 2.40	£1.70	Chicken wrapped in bacon	£1.70	Southern fried chicken 2x	£1.70
Pasta King (Med) 2x	£2.10	Pasta King (Med) 2x	£2.10	Pasta King (Med) 2x	£2.10	Pasta King (Med) 2x	£2.10	Pasta King (Med) 2x	£2.10
Jacket potato	£0.60	Jacket potato	£0.60	Jacket potato	£0.60	Jacket potato	£0.60	Jacket potato	£0.60
Baked beans	£0.50	Chips	£0.70	Potato Spirals 2x	£0.70	Potato puffs	£0.70	Chips	£0.70
Vegetable of the day	£0.50	Baked beans	£0.50	Baked beans	£0.50	Baked beans	£0.50	Baked beans	£0.50
Yoghurt 7x	£0.40	Yoghurt 7x	£0.40	Yoghurt 7x	£0.40	Yoghurt 7x	£0.40	Yoghurt 7x	£0.40
Biscuits 2x	£0.70	Chocolate Brownie 2.40	£0.70	Iced sponge 2.40	£0.70	Chocolate Fudge Cake 2.40	£0.70	Iced Buns 2.40	£0.70
Fruit salads	£0.60	Fruit salads	£0.60	Fruit salads	£0.60	Fruit salads	£0.60	Fruit salads	£0.60
Fresh fruits	£0.30	Fresh fruits	£0.30	Fresh fruits	£0.30	Fresh fruits	£0.30	Fresh fruits	£0.30
Baguettes 2x	£2.70	Baguettes 2x	£2.70	Baguettes 2x	£2.70	Baguettes 2x	£2.70	Baguettes 2x	£2.70
Sandwich 2x	£2.20	Sandwiches 2x	£2.20	Sandwiches 2x	£2.20	Sandwiches 2x	£2.20	Sandwiches 2x	£2.20
Soft rolls 2x	£2.00	Soft rolls 2x	£2.00	Soft rolls 2x	£2.00	Soft rolls 2x	£2.00	Soft rolls 2x	£2.00
Salads	£2.50	Salads	£2.50	Salads	£2.50	Salads	£2.50	Salads	£2.50
Wraps 2x	£2.70	Wraps 2x	£2.70	Wraps 2x	£2.70	Wraps 2x	£2.70	Wraps 2x	£2.70

Dishes marked with any of the following numbers contain the matching allergen

1. Celery	2. Cereals	3. Crustaceans	4. Eggs	5. Fish
6. Lupin	7. Milk	8. Molluscs	9. Mustard	10. Nuts
11. Peanuts	12. Sesame Seeds	13. Soy	14. Sulphur Dioxide	

# Breakfast Club and Fresh Sandwiches

Breakfast Club	Fresh Sandwiches
Breakfast club is open each morning from 8:00 – 8.30 a.m. in Hales (Hales and Cromer students) and Stanhope (Stanhope and Morrison students)	Freshly made sandwiches, baguettes, wraps and soft rolls are available each day at break and lunchtime.
Breakfast Muffins – £1.20 Bacon Baguette – £1.40 Bacon Sandwich – £1.20 Toast (slice) – 30p	Sandwiches – from £2.20 Soft Rolls – from £2.00 Wraps – from £2.70 Baguettes – from £2.70

# Fulston Family

## Uniform

- Black blazer with school badge.
- Grey V-neck jumper (optional).
- White shirt/blouse – short or long sleeved
- House tie.
- Checked grey and black skirt – worn with waistband showing  
or  
Black straight-legged tailored school trousers.
- Socks – plain white, grey or black. No trainer socks – no logos.
- Tights – black, minimum 40 denier.
- Shoes should be black, plain and sensible. For obvious safety reasons, thin or higher heels are inappropriate. Shoes should be suitable for both indoor and outdoor use. Boots, trainers, canvas or other highly coloured shoes **must not be worn** in school.
- Non-discreet make-up, acrylic nails, nail varnish or jewellery should **NOT** be worn to school, with the exception of below.
- One small discrete pair of gold/silver ear studs (one stud per ear lobe) are allowed – these must be removed for PE/Games and at other times as requested, for a health and safety reason. No other piercings are allowed.
- All extremes of hairstyling are not permitted, including any unnatural colours.

## PE and Games Kit

- Black sport polo shirt with House colour logo.
- Black ¼-zip mid-layer top with school logo (optional).
- Plain black sport shorts (no logos) **or** plain black running shorts (two-layer shorts) (no logos)  
**or** plain black running leggings (no logos).
- Sport socks.
- All students should wear trainers for PE/Games.
- All students should have shin pads for Games.
- Football boots and gum shields should be purchased separately for games.

[www.brigade.uk.com/parents](http://www.brigade.uk.com/parents)

**All uniform, kit and equipment must be clearly named. We cannot be held responsible for items of clothing or property lost or damaged.**



Scan the QR code to view our Uniform List or click [here](#)



# Our Expectations

When you join Fulston Manor School you are joining our Fulston Family. As a member of our community you are expected to be 'ready, respectful and safe', be polite and behave at all times. We have clear and high expectations of all students and our expectations, rewards and sanctions are all in line with our Behaviour Policy which will be explained to you when you join us, and can be found on our website.

## Community Cards

Every term you will be issued with a Community Card. If you fill the positive side of your Community Card by demonstrating any of our Fulston Family Values, you will be awarded 10 positive points on ClassCharts – these can be spent in our Reward Store! Alternatively, if you do not follow our basic expectations outlined on your Community Card, staff will sign your card. If you receive five negative signatures you will receive a house detention.

**Fulston Manor School  
Community Card**

Name: \_\_\_\_\_ Tutor Group: \_\_\_\_\_

All students should wear their uniform with pride, be fully prepared for **every lesson** and display behaviour that will create a positive learning environment, where *'everybody matters, everybody succeeds and everybody helps'*

**Our Basic Expectations:**

1. Correct uniform at all times	5. No eating/drinking
2. Correct equipment for all lessons	6. No mobile phones
3. Punctuality - on time to school and lessons	7. No headphones
4. No chewing gum	8. No Anti-Social Behaviour

Five negative signatures or lost Community Card will result in a House Detention.

Date	Staff Code	Issue Number

## Rewards Store

Our ClassCharts Rewards Store is one of the many perks of being a member of our Fulston Family. Positive points are awarded for a wide range of things from demonstrating our Fulston Family Values, completing great classwork or homework and being a great ambassador for our community.

- 1000 POINTS  
Art Set
- 1500 POINTS  
Anker Bluetooth Speakers
- 2500 POINTS  
FLASH SALE - Kindle
- 1000 POINTS  
5.3 Wireless Earphones

Your positive points can be spent in our rewards store on a huge variety of prizes such as cinema tickets, Playstation or Xbox vouchers, Amazon and other shopping vouchers or sweets and chocolates. Some students are saving up their points to buy some of our top prizes like scooters, bikes and even iPads or AirPods!



# Our Expectations

## Mobile Phones

Mobile phones and headphones/earphones/AirPods/Headphones are **not permitted** during the school day. You may travel to and from school with your devices, but these must be switched off and placed in your locker once you arrive at school. The school is not responsible for any loss or damage to these items. We recommend bringing in a padlock for your locker.

## Study Support Club

Our Study Support Club meet every day after school, from 3:15–4:15pm in our Library. You do not need to sign up, you can just simply turn up if you have some homework or revision that you would like to complete. We have fully trained staff on hand and you can use all of our library resources, including the computers, to complete your work.



## Our Bespoke Peer Mentoring System

At Fulston Manor School, we have our very own bespoke and award-winning Peer Mentoring System, whereby specially trained students and staff are on hand to help you with any challenges you may face.



*Having trouble settling in? Would like to make new friends, but are finding it difficult? Need extra help finding your way round your new school? Worried about the amount of work or homework that you are receiving?*

Don't worry about any of these things, you can come along to our Peer Mentoring Drop-In Centre or email [here4u@fulstonmanor.kent.sch.uk](mailto:here4u@fulstonmanor.kent.sch.uk) and our trained mentors will be on hand to support you.



# Break and Lunchtime at Fulston Manor School

Break and lunchtime can look very different in each school and our structure may be different to what you have been used to at your primary school. Don't worry, you will soon get used to our routines and will pick it up in no time!

## Timings

Break time takes place each morning from 11:10–11:30am. Our lunchtime is from 1:30–2:05pm each day.

## Where can I go at break and lunchtime?

You can either spend your break and lunchtimes in your house area or outside. During the summer months, we also open the school field at lunchtimes. You can only eat in your house area; no food is to be consumed elsewhere on the school site.

## Can I spend time with my friends in other house areas?

Yes, but not in their house area. You can spend time with friends around the school site.

## Where are the toilets?

There are student toilets in each house area. You may only use the toilets in your own house area.

## How do I purchase food at break and lunchtime?

We are a cashless school, which means you can buy food at breakfast club, break and lunchtime using your \*WisePay account. There is a great selection of snacks served at break and even more choice at lunchtime, including hot meals! There is a wide variety available each day, so there is certainly something for everyone.

*\*Details of the WisePay system will be sent to your parent/carer in August.*

## Healthy Schools

All food we serve complies with the government Healthy Schools Scheme. We encourage all members of the Fulston Family to be as healthy as possible therefore the following rules apply:

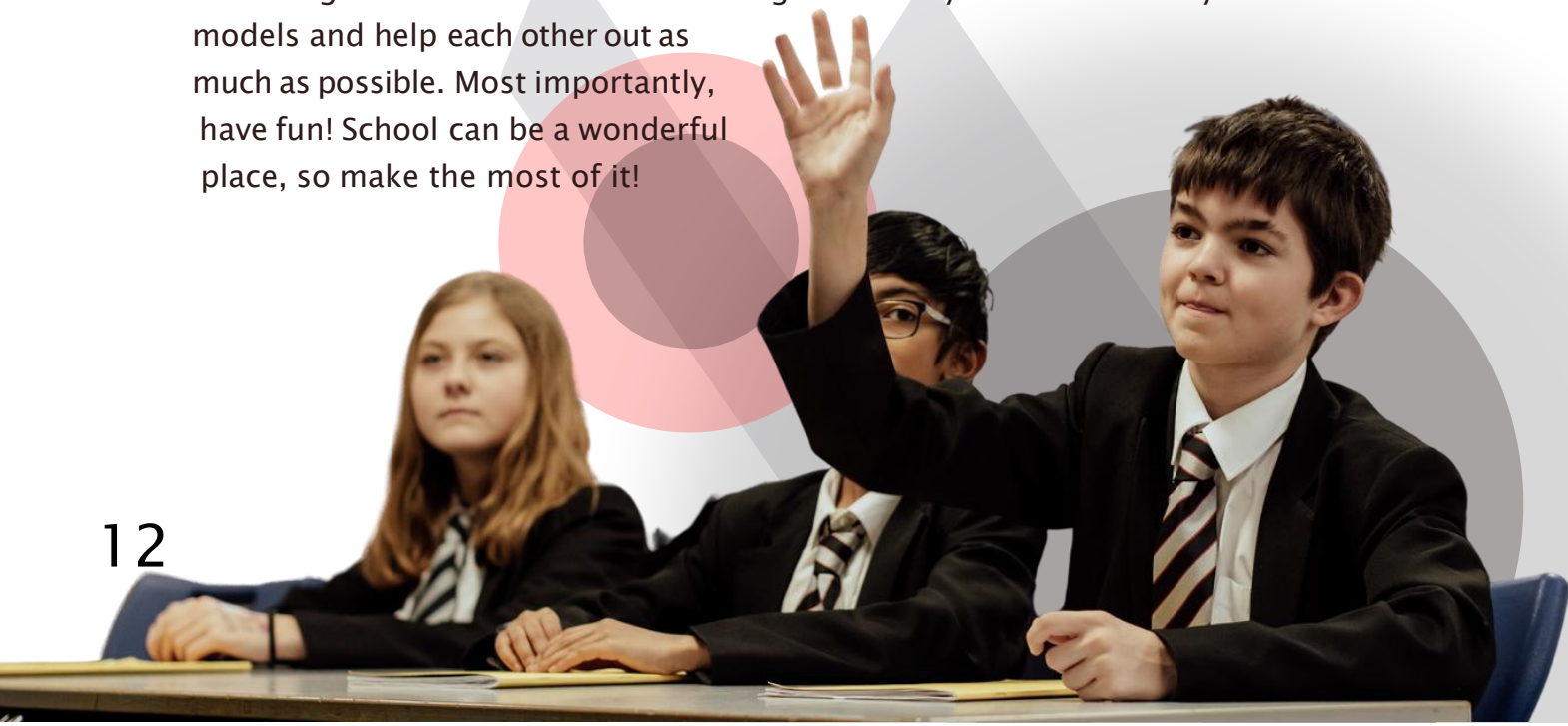
- No fizzy drinks (including any energy drinks) are allowed in school.
- No chocolate bars or snacks are allowed in school (chocolate coated biscuits are permitted).



# Our Top Tips

We asked some of our current students to give you some 'top tips' for starting at Fulston Manor School. Here is what they said:

- Do not worry if you get lost, staff and students will be happy to help you.
- Do not worry if you are the only one from your current school joining us, you will make plenty of new friends.
- Be brave and remember you are not the only person starting something new. This is a fresh start for every Year 7 student, so be kind and help each other out as much as possible.
- Take advantage of our award-winning Peer Mentoring Team – they are always on hand to help and support you.
- Be punctual and on time to school each day and all of your lessons – every moment counts!
- Focus, concentrate and participate in all of your lessons. Make the most of every lesson, be creative and always try your best.
- Make sure you stay on top of all your homework. If you don't understand, speak to your teacher. Always try your best with the homework set and make sure it is handed in on time.
- Have a positive, can do attitude at all times – school can be an amazing place if you embrace it and give it your all!
- Take part in as many extra-curricular activities and clubs as you can. These are an amazing way to make new friends, have fun and learn new things.
- If you are struggling, speak to someone. If it is a particular subject that you are struggling with speak to your teacher. If it is something else, you can always speak to your tutor or a member of your house pastoral team.
- Always take responsibility for your actions. We all make mistakes sometimes and owning up to these and learning from them is the best way to learn and change. Be polite, kind and thoughtful at all times. We are one big community and should all try to be role models and help each other out as much as possible. Most importantly, have fun! School can be a wonderful place, so make the most of it!



# FAQ's

## **How do I get my bus/train pass?**

If your parents or carers have applied for a bus or train pass, you can collect this during your first week of school. Passes are sent directly to us but sometimes they do arrive late. You may need to carry a small amount of money with you during the first week if your pass has not arrived.

## **What if I feel unwell at school?**

If you are in a lesson, tell your teacher that you are feeling unwell. If you are not in a lesson, tell a member of your house pastoral team.

## **What if I find it hard to adjust to my new school?**

This is completely normal so do not worry. Talk to your tutor or a member of your house pastoral team. If it is a specific lesson or subject that you are struggling with, talk to that subject teacher – everybody is here to help you!

## **Will I have my own locker?**

Yes. You will be allocated a locker within your house area. You will not be allowed to carry your school bag or coat with you around the school site and these, along with your books and any equipment you need each day should be stored in your locker. It is your responsibility to provide a padlock for your locker and we recommend you give a spare key to your house pastoral team.

## **Do I need special or particular equipment for certain lessons?**

Possibly, yes. But this will depend on each lesson and the topics being studied. Your individual subject teachers will make it clear if there are any specific items you need for their subject.

## **Are there any afterschool clubs or activities that I can join?**

100% YES! Our extensive After School Clubs and Activities programme is full of fantastic opportunities to take part in before school, at lunchtime and after school each day. You do not need to sign up for most of our clubs and regular timetables are published in tutor rooms, house areas, on our website and on our social media channels each term.

# FAQ's

## **Can I join any sports teams and represent Fulston Manor School?**

Yes, absolutely! Our fantastic PE and Sport department run so many different sports clubs; Hockey, Football, Rugby and Tennis to name just a few. Many lead to inter-school competitions with other local schools where you can represent Fulston Manor School! Keep an eye on our club and activities timetable to see when our sports clubs are taking place!

## **What should I do if I have lost something at school?**

Don't assume that somebody has taken something of yours. More often than not, items are easily found once you retrace your steps. If you still cannot find what you are looking for, speak to your tutor or house pastoral team.

## **Should I bring any money to school with me?**

We recommend that you do not bring money into school with you. All catering is cashless and your account can be topped up online. If you do need to carry money for bus or train fares, we suggest you keep this as little as possible and only bring in the amount you need to cover your travel costs.

## **Is there a student Prefect system at Fulston Manor School?**

Yes. You can become a House Prefect from Year 10 and a School Prefect in Year 11. These positions are very prestigious and all Prefects are awarded either a white badge or a red tie, depending on their position. Our Prefects are great people to turn to if you need help with anything. There are also opportunities to join your house or our whole-school student councils – be brave and volunteer!

## **What happens at lunchtime?**

For the first few weeks of the year you will have lunch five minutes earlier than the rest of the school. This allows you time to settle in and get used to your house area and how our canteen system works. Don't forget to ensure your parents/carers have topped up your WisePay account so that you can enjoy all the yummy food available at break and lunchtime.

## **What should I do if I am late to school?**

Arriving on time (**8:40am**) each morning is really important. However, if you are a little late you need to ensure that you have been signed in so that we know you are on site and safe. If you arrive before 9:10am, head straight to your tutor room and your tutor will sign you in. If you arrive after 9:10am you will need to sign in at Main Reception.

# Term Dates

## 2025/2026



### **Term 1:**

Start of term (Year 7 & 12) – Tuesday, 2<sup>nd</sup> September

Start of term (Year 8, 9, 10, 11 & 13) – Wednesday, 3<sup>rd</sup> September

End of term – Friday, 17<sup>th</sup> October 2025

*Staff Training Day – Monday, 27<sup>th</sup> October 2025*

*Staff Training Day – Tuesday, 28<sup>th</sup> October 2025*

### **Term 2:**

Start of term – Wednesday 29<sup>th</sup> October 2025

*Staff Training Day – Monday, 1<sup>st</sup> December 2025*

End of term – Friday, 19<sup>th</sup> December 2025

### **Term 3:**

Start of term – Monday, 5<sup>th</sup> January 2026

End of term – Friday, 13<sup>th</sup> 2026

### **Term 4:**

Start of term – Monday, 23<sup>rd</sup> February 2026

End of term – Thursday, 2<sup>nd</sup> April 2026

### **Term 5:**

Start of term – Monday, 20<sup>th</sup> April 2026

*Bank Holiday – Monday, 4<sup>th</sup> May 2026*

End of term – Friday, 22<sup>nd</sup> May 2026

### **Term 6:**

Start of term – Monday, 1<sup>st</sup> June 2026

*Staff Training Day – Friday, 3<sup>rd</sup> July 2026*

End of term – Tuesday, 21<sup>st</sup> July 2026

Scan the QR code to view our full term dates and additional information.

Or click [here](#)





# Transition Activity Book

## August 2025



Fortitude



Ambition



Mindful



Integrity



Leadership



Young Citizens

# August 31-Day Challenge...

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Create a mind map of the reasons why you chose Fulston Manor School.	2 Research the Fulston Manor School website and make a list of the different subject areas.
3 Write a letter to your Year 6 Teacher or Headteacher about your time at Primary School.	4 Go for a walk and take photos of things that you don't normally notice. Create a montage.	5 Identify three subjects you are looking forward to studying at Fulston Manor School.	6 Find three positive articles or pictures that make you smile. Share them with your friends and family.	7 Make a quiz "getting to know me" and play it with family and friends.	8 Make sure you try on your uniform to make sure it fits and check you have everything.	9 Complete a Joe Wicks workout or create one of your own.
10 Cook a healthy meal for your family.	11 Go on a virtual museum tour, then create an advertising poster promoting the best part of the tour.	12 Have a board game championship with your family.	12 Create a painting or drawing of yourself or someone who inspires you.	13 Plan your route to school. Set a date to practice getting to Fulston Manor School.	14 Recall three things you have achieved this summer that you are proud of.	15 Set yourself a kindness mission. Give your time to help other family members
16 Literacy is important, take time out of your day to read a book every day this week.	17 Start to wear your new school shoes so that they don't give you blisters on the first day.	18 Challenge yourself to learn the Capital Cities of the world.	19 Practice breathing exercises as a strategy to help keep you calm.	20 Write a morning and evening routine for you to follow when you return to school in September	21 Practice your route to school with someone. Remember and be safe.	22 Do you have a copy of the bus/train timetable? Do you know how long it will take you in the morning?
23 Make a list of equipment you will need for Secondary School.	24 List the qualities and skills you need to be a good citizen.	25 Take someone from your household on a walk that you have planned.	26 Learn to play/sing a new song. Use online tutorials to help.	27 Look up at the sky. Remember we are all part of something bigger	28 Pack your school bag with your reading book, pencil case, calculator.	29 Go outside and get some exercise today
30 Plan a No Screen day including mobile phone.	31 Organise your uniform, check your school bag and practice your journey to school					

**Here is a little challenge for you...**

See if you can complete our daily challenge every day throughout August.

# All About Me

Draw a self portrait here.

Name:

Birthday:

My Primary School:

Eye Colour:

Hair Colour:

Height:

<b>Favourite Colour</b>	
<b>Favourite Animal</b>	
<b>If I could have a superpower, I'd....</b>	
<b>Favourite School Subject</b>	
<b>Best place I've ever been to...</b>	
<b>Dream country to visit...</b>	
<b>If I could travel back in time, I'd go to...</b>	
<b>My dream job is...</b>	

# MY JOURNEY SO FAR

Life is a journey! Think back through primary school and write down your favourite memories or events that have shaped you to become the amazing person you are!



# My New Secondary School

Full Name of the School	
School Address	
School Telephone Number	
Name of the Headteacher	
School starts at	
School finishes at	
I will get to school by	
How long will it take you to get to school?	
What time will you need to leave home?	

Add 10 words around the image below to describe your new school.



# Moving to Your New School

List 4 things you are most excited about moving to Fulston Manor School:

- 1.
- 2.
- 3.
- 4.

List 4 things you are a little worried/nervous about:

- 1.
- 2.
- 3.
- 4.

List 4 things you would like to know about Fulston Manor School:

- 1.
- 2.
- 3.
- 4.

List 4 things that will help you when moving to Fulston Manor School:

- 1.
- 2.
- 3.
- 4.

List 4 differences between your primary school and Fulston Manor School:

- 1.
- 2.
- 3.
- 4.

# Subjects at your New School

Find the subjects below in the Word Search – they are vertical, horizontal and diagonal!

R B S J P S M Z F E N I V Z W R M  
O W V E F U X G C J C G W E C F A  
T D W R L R X N I W K Y T B G G T  
U B Q D G I E H I S T O R Y E S H  
T U P O M I T N E V O O N O Q O S  
R K X U C M C X C A V I G C C R A  
O L S S T J I V E H R R W C Z L W  
V I W S O K T J W T A T H R K O J  
C E N W G D I Q K P L M J H N C H  
G T C D H P Z G H F R N T F J N S  
L F O N I D E Y Q X U M O E J B I  
V O X S A U N R M Y T I M E J M L  
F Z A T P D S G N I T U P M O C G  
P I P C P E H A M A R D T O K H N  
A L C O I J I Y H Q B H L Z A T E  
D Q Y Q R R P C N K V Z C E I J L  
V I L I G I G V B Y M J I Y G P W

- |           |             |
|-----------|-------------|
| English   | Dance       |
| Science   | Textiles    |
| Geography | Food        |
| History   | Computing   |
| Art       | Citizenship |
| Music     | French      |
| PE        | Tutor Time  |

# Subjects at your New School

Match up the subject to the correct icon



Maths

English

Science

Geography

History

Art

Music

PE

Drama

Dance

Textiles

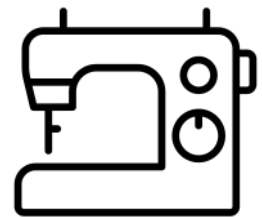
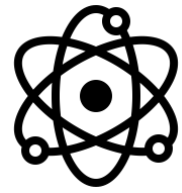
Food

Computing

Citizenship

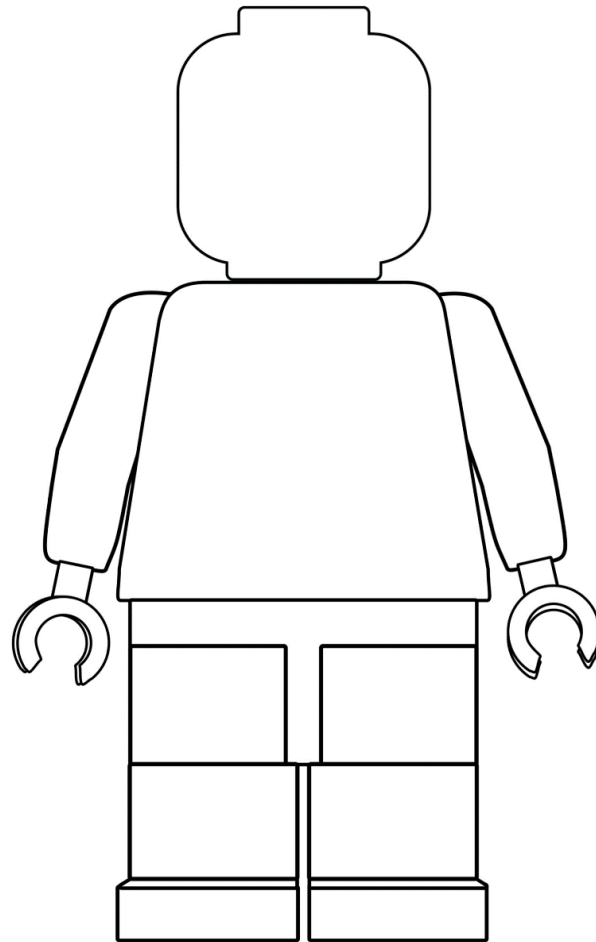
French

Tutor Time



# Looking Smart at Secondary School

One of the different things about moving to secondary school is the change in what you will wear. At Fulston Manor School we pride ourselves in looking smart and professional at all times. Use the school website or the information which has been sent to your parents/guardians to draw and label the school uniform you will wear onto the Lego figure.



Why is wearing the correct school uniform important?

.....

.....

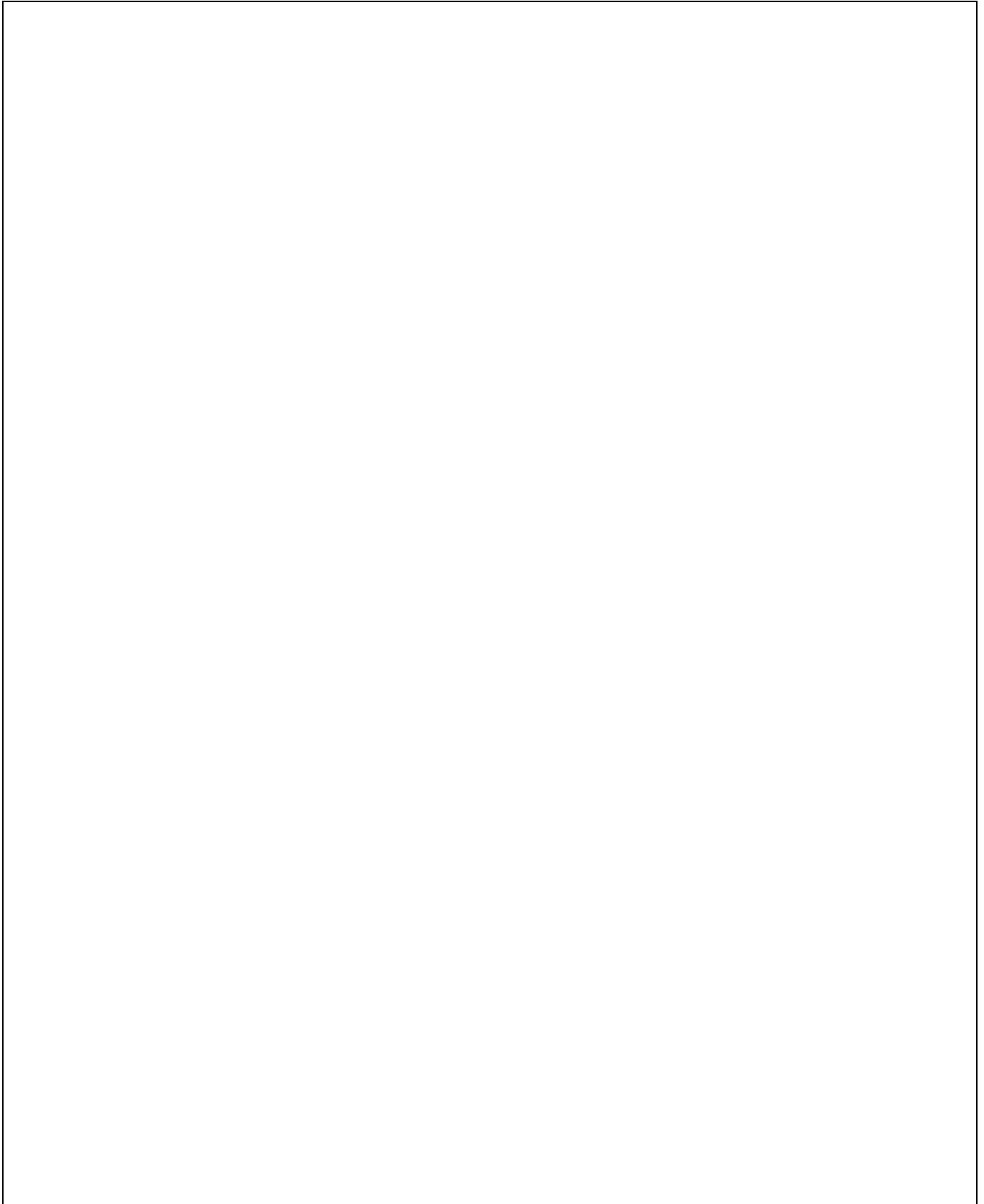
.....

.....

.....

# Getting to Secondary School

Getting to Fulston Manor safely is just as important as being there. In the box below, draw the route you are going to take to school (whether that's walking, cycling, driving or by bus). Identify spots where there could be hazards (e.g. busy roads) and explain how you will manage this safely!

A large, empty rectangular box with a thin black border, intended for a student to draw their route to school and identify potential hazards. The box is currently blank.

# Expectations

Our school motto is “Everybody Matters, Everybody Succeeds, Everybody Helps”.

Our motto applies to the way we choose to conduct ourselves, the way that we behave towards other people, and the way that we behave in our lessons.

They are expectations, because we are expected to behave in this way; it is not a choice. The expectation that we have is that we all behave in a way that means that we are calm, collected and respectful towards one another, and that we arrive for our lessons punctual and prepared.

*“Everybody Matters, Everybody Succeeds, Everybody Helps”*

**Match the correct description to each part of our school motto.**

Turning up on time to lessons

Working successfully as part of a team

Being respectful of other people's beliefs

Having your shirt tucked in neatly

Contributing to lessons

High level of respect shown to all

Saying good morning to people as you pass

Supporting others

Holding the door open for a teacher

Having a pen, pencil and ruler in lesson

Consistent punctuality over the whole year

Helping with Breakfast Club

Turning up on time to lessons

Acting as an ambassador role

Going above and beyond with your work

Staying calm if something goes wrong

Being respectful to other staff and students

Sitting with someone who is alone at lunch

Apologising if you have done something hurtful

Turning up on time to lessons

Discussing issues with a teacher rather

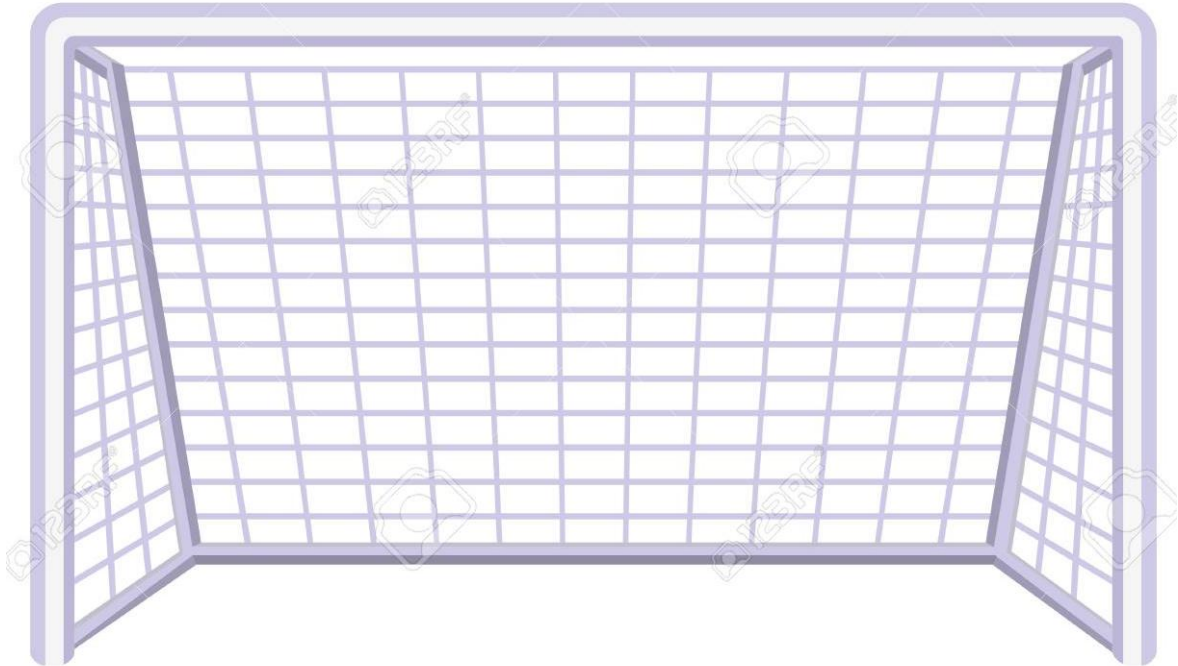
Remembering your homework

Giving someone a compliment

Asking for help when needed

# My Goals For Secondary School

When you arrive at Fulston Manor, you will learn a huge number of new skills, and improve skills you have practiced in Primary School. In the goal below, use the list to write in 10 new skills or things you'd like to build on in your years at Fulston Manor School.



Be in a school play or production	Speak another language	Represent your school in a national competition
Learn to play a musical instrument	Volunteer in the local community	Travel to another country
Play for a school team	Learn how to survive in the wild	Take care of the school garden
Learn how to manage money	Taste food from another country	Walk the school dog
Cook a new meal from scratch	Read new books	Take part in a fancy dress day
Create a piece of art	Raise money for charity	Become Head Boy or Head Girl
Learn how to read a map	Join an after-school club	Learn to dance
Use computers to create your own website	Learn First Aid	Improve your singing
Make new friends from other schools	Work as part of a team	Try camping

# BEYOND SECONDARY SCHOOL

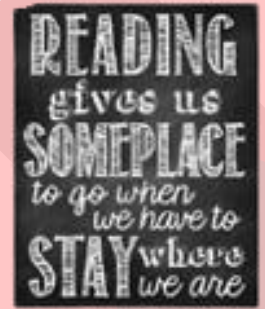
After Fulston Manor School, you can move onto college or an apprenticeship and then to University or into a job! It's normal not to know what you want to do yet but this is a chance for you to have a think about your dream jobs!

<b>JOB:</b> <b>KEY SKILLS:</b>          <b>SUBJECTS TO STUDY:</b>	Icons to represent that job:
--	------------------------------

<b>JOB:</b> <b>KEY SKILLS:</b>          <b>SUBJECTS TO STUDY:</b>	Icons to represent that job:
--	------------------------------

<b>JOB:</b> <b>KEY SKILLS:</b>          <b>SUBJECTS TO STUDY:</b>	Icons to represent that job:
--	------------------------------

# Transition Reading List

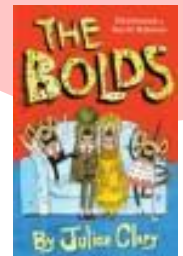


Here are a selection of books you might want to get stuck into over the next few weeks and on the run up to starting at Fulston Manor School in September.

Reading can help you escape to new places, build imagination, develop your vocabulary and help ease stress. So, let's get reading and see where you end up...

## The Bolds by Julian Clary

Mr and Mrs Bold are just like you and me; they live in a nice house (in Teddington), they have jobs (like writing Christmas cracker jokes) and they love to have a bit of a giggle. One slight difference; they're Hyenas! Yes, that's right – they're covered in fur, have tails tucked into their trousers, and they really, really like to laugh.



## Howl's Moving Castle by Diana Wynne Jones

Sophie Hatter, from the land of Ingary, catches the unwelcome attention of the Witch of the Waste and is put under a spell. Deciding she has nothing more to lose, Sophie makes her way to the moving castle that hovers on the hills above her town, Market Chipping. But the castle belongs to the dreaded Wizard Howl, whose appetite, they say, is satisfied only by the souls of young girls... There Sophie meets Michael, Howl's apprentice, and Calcifer the fire demon, with whom she agrees a pact.

## War Horse by Michael Morpurgo

Set before and during World War I, it tells of the journey of Joey, a bay Thoroughbred horse raised by British teenager Albert (Irvine), as he is bought by the British Army, leading him to encounter numerous individuals and owners throughout Europe, all the while experiencing the tragedies of the war happening around him.



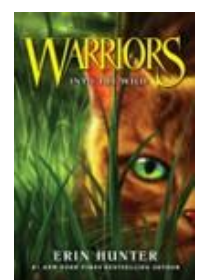
## Dogs Of The Deadlands by Anthony McGowan

Unhappy about his baby sister's illness and the chaos of moving into a dilapidated old house, Michael retreats to the garage and finds a mysterious stranger who is something like a bird and something like an angel.

## Into The Wild – book 1 of the Warrior series by Erin Hunter

When 'kittypet' Rusty strays into the forest beyond his owner's garden and is ambushed by a wild cat, life as he knows it is over. After a brave fight, he is invited to leave the 'twoleg' world and join Thunderclan, one of four cat tribes, to train as a warrior.

Rusty becomes Firepaw and learns laws of the wild. When the fearsome Shadowclan threaten Thunderclan's territory his warrior skills are put to the test. How can he protect the clan when he suspects their own deputy of treachery?





### Football Rising Stars Series by Harry Meredith

Featuring fresh talents from England, Portugal, Norway, France, Germany and Spain, the series covers their unique rise; from playing football in the park and 5-a-side to performing in front of capacity of crowds on the biggest stage and in the biggest leagues.

### My Story Series by Scholastic by Various authors

Stories, mostly written as diaries, based on real events and characters. Easy to read and excellent for history lovers.



### Dyslexia Friendly books published by Barrington Stoke

Barrington Stoke produce books designed for Dyslexic readers, which also appeal to reluctant readers. They are shorter, printed on off-white paper and have less text per page.



# BOOK REVIEW



TITLE :

AUTHOR :

YEAR :

COLOUR IN THE STARS TO  
RATE YOUR BOOK!



CHARACTERS

A large, empty, rounded rectangular box with a dashed black border, intended for writing about the characters in the book.

PLOT

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Recommendation: Would you recommend this book and why?

A large, empty, rounded rectangular box with a dashed black border, intended for writing a recommendation for the book.



@fulstonfamily



Your new journey

# HAS BEGUN

Let's grow together  
as the Fulston Family.....





*a Fulston Manor Academies Trust school*



@fulstonfamily

Brenchley Road, Sittingbourne, Kent. ME10 4EG  
[www.fulstonmanor.kent.sch.uk](http://www.fulstonmanor.kent.sch.uk) | [mail@fulstonmanor.kent.sch.uk](mailto:mail@fulstonmanor.kent.sch.uk) | 01795 475228