

Personal Development Curriculum 2025- 2026

LOGISTICS AND LOCATION OF PERSONAL DEVELOPMENT CURRICULUM LEARNING MATERIAL, ETC.

- PDC is one lesson every two weeks which is identified on individual staff timetables
- PDC will be taught as a 60-minute lesson, this will be identified on staff and students timetables. The lessons will be mixed ability and mixed gender, therefore staff will have to amend lessons to suit their cohort and SEND/PP. It will be essential in helping staff to build confidence and start to re-build relationship in lessons. These relationships are essential if we are to encourage positive discussions in the classroom, especially for the topics that contains sensitive content such as domestic abuse or inappropriate relationships, etc.
- All lessons are in the shared area (see pathway and link below). The folder is broken up in to year groups and within each year group are the different Topics/lessons to be taught. Each Topic has 4 lessons depending on the length of term. See the PDC Rotation plan. The pathway is X:\Curriculum Subjects\Personal Development Curriculum
- Each Topic will be led by a year group pair, e.g. 7AA CMO and 7AB AMC this pairing would take the lead for an allocated topic. Teachers may use these skeleton/draft lessons, but they should be adapted to suit the student's needs and our non-negotiables. The lead teachers will only have to plan/amend/revise those 4 lessons so that the material is relevant for 2025/26 and 4 lessons/learning material for unplanned absence.

EXPECTATIONS FOR LESSON

- Quality First Teaching at all times
- Amend lessons to suit cohort
- As expected, all lessons should be well planned and resourced, using the school lesson plan pro-forma. **We do expect quality first teaching** of PDC lessons at all times. Lesson plans **must** be placed in the PDC shared documents so other staff follow effectively. All lesson plans **must** be labelled **Lesson 1; Lesson 2; Lesson 3; Lesson 4** within these folders according to the topic and year group for which staff are responsible for.
- Expectation are that students and staff follow the school expectations for books; please follow our presentation expectations for books
- **Staff will be pottering into PDC lessons regularly and book sampling will take place at the end of each rotation. We should not see graffiti on or inside the books. Please can staff check the books regularly. Classroom expectations should be high.**
- If a book is misplaced or lost, please look for it before requesting a new book. Students must have a book for PDC A4 Purple Book.
- All book must have the name label and the Family Value/ British Values image on the front of the exercise book
- For each topic there must be a **topic page with clear learning objectives (PLC's)** stuck into the books for each student and AFL questions (see shared area) These should be **printed on A5 and glues into the books at the start of the topic.** It should also be referred to at the start and end of a lesson.
- Seating plans must be created for your class, using classcharts

EXPECTATIONS FOR PLANNED AND UNPLANNED ABSENCE.

- If you have a planned or unplanned absence, appropriate cover must set. **In case of unplanned absence where the member of staff is unable to set cover.** Pre-Prepared resources should be in the year group Topic folder, the lesson and material for the cover lessons should clearly labelled as “**Unplanned cover lesson 1**”. If you have unplanned absence, please follow the school procedure and ensure absence is reported before 7.30am, please cc KFR into the email. **If you have a planned absence,** please adapt the lesson using the template for cover and ensure the materials are in the classroom 48 hours before your absence.

EXPECTATIONS FOR AFL

- As with all other lessons, lesson objectives and AfL should be part of each lesson. Assessment should take part in every lesson and may take the form of written and/or oral tasks. **Partners should ensure that all TOPIC Pages are updated where necessary.** These topic pages should be part of the first lesson of each rota. **Topic pages should be completed as part of the lesson plenary. Topic pages should be in the student’s books for them to refer back to during their learning.**
- If you have any questions, please speak to Karen Franks. On occasions, I will send resources to you, which you may want to order, use or adapt. If you find any resources that you would like to order, please see me and this may be possible. Photocopying must be controlled; where large numbers are needed, please try to reuse the copies (PLEASE SAVE TREES!). Please ensure photocopying for your group is sent to reception 1 week before the lesson.

PREPARATION OF MATERIAL

- Please note that all lessons must be planned and the photocopying of worksheet/assessments should be completed and placed in the classroom before the lesson unless it is unplanned cover. All material must be glued into the book.
- Please note that all students have a book for PDC, may I suggest that those books remain in the PDC classroom until the end of the year. The books should last throughout KS3 or KS4. Should a student require a new book please email KFR prior to the day of the lesson.
- Worksheets should be glued into the book by the students, not left loose.
- Please use the resources that are in the classroom, such as glue, scissors, colouring pencils, etc.

FEEDBACK AND MARKING OF PDC BOOKS

- Teachers should read the books after the lesson to check for any safeguarding concerns due to the sensitivity of the topics covered. Teachers should correct misconceptions including literacy. **This must be acknowledged by a signature and dated.**

REQUEST FOR TRAINING ON PDC TOPICS

- If you wish to receive training for any of the topics you are delivering/teaching over the year please identify those training needs with your line manager during your appraisal and provide suggested courses and costs. It is your professional responsibility to ensure your knowledge is relevant and upto date

YEAR 7: PDC ROTA –

GROUP	ROOM	Number of lessons 4 Week Beginning: Wk B 8th September Week Ending: 7th November	Number of lessons 4 plus target setting Week Beginning: Wk B 10th November Week Ending: 23rd January 2026 Target setting 12th January to 23rd January	Number of lessons 4 plus 1 study skill. Week Beginning: Wk A 26th January Week Ending: 8th May Study Skills 23rd March – 24th April	Number of lessons 4 plus target setting and Family Values. Week Beginning: Wk A 11th May Week Ending: 21st July Reflection Target setting 15th -26th June Family Values week 29th – 10th July
7AA	RSA B2	Wellbeing and first Aid	Online Safety	Friendships and Family	Sex + Relationships (Puberty)
7AB	ISM E3	Wellbeing and first Aid	Online Safety	Friendships and Family	Sex + Relationships (Puberty)
7AC	GMU S2	Wellbeing and first Aid	Online Safety	Friendships and Family	Sex + Relationships (Puberty)
7AD	CGO E2	Wellbeing and first Aid	Online Safety	Friendships and Family	Sex + Relationships (Puberty)
7AE	ISM E2	Wellbeing and first Aid	Online Safety	Friendships and Family	Sex + Relationships (Puberty)
7AF	LBI Y1	Wellbeing and first Aid	Online Safety	Friendships and Family	Sex + Relationships (Puberty)
7AG	RSA B2	Wellbeing and first Aid	Online Safety	Friendships and Family	Sex + Relationships (Puberty)
7AH	AWA P2	Wellbeing and first Aid	Online Safety	Friendships and Family	Sex + Relationships (Puberty)

YEAR 8: PDC ROTA –

GROUP	ROOM	Number of Lessons 4 Week Beginning: Wk A 1 st September Week Ending: 31 st October	Number of Lessons 4 Week Beginning: Wk A 2 nd October Week Ending: 9 th January 2026	Number of Lesson 4 plus Target Setting and Study Skills Week Beginning: Wk A 12 th January Week Ending: 8 th May Target setting 23 th February- 6 th March Study Skills 8 th March -23 rd March	Number of lessons 4 plus target setting and Family Values Week Beginning: Wk A 11 th May Week Ending: 21 st July Reflection Target setting 15 th -26 th June Family Values week 29 th – 10 th July
8AA	LTA N13	Health and Prevention	Being Safe Online	Respectful Relationships	Sex + Relationships (FGM)
8AB	AWA E3	Health and Prevention	Being Safe Online	Respectful Relationships	Sex + Relationships (FGM)
8AC	GCH N14	Health and Prevention	Being Safe Online	Respectful Relationships	Sex + Relationships (FGM)
8AD	AWA E3	Health and Prevention	Being Safe Online	Respectful Relationships	Sex + Relationships (FGM)
8AE	CMO N13	Health and Prevention	Being Safe Online	Respectful Relationships	Sex + Relationships (FGM)
8AF	CWH E5	Health and Prevention	Being Safe Online	Respectful Relationships	Sex + Relationships (FGM)
8AG	AJL G6	Health and Prevention	Being Safe Online	Respectful Relationships	Sex + Relationships (FGM)
8AH	ISM E2	Health and Prevention	Being Safe Online	Respectful Relationships	Sex + Relationships (FGM)

YEAR 9: PDC ROTA –

GROUP	ROOM	Number of Lessons 4 Week Beginning: Wk A 1st September Week Ending: 31st October	Number of Lessons 4 Week Beginning: Wk A 2nd October Week Ending: 9th January 2026	Number of Lesson 4 plus Target Setting and Study Skills Week Beginning: Wk A 12th January Week Ending: 8th May Target setting 23th February- 6th March Study Skills 8th March -23rd March	Number of lessons 4 plus target setting and Family Values Week Beginning: Wk A 11th May Week Ending: 21st July Reflection Target setting 15th -26th June Family Values week 29th – 10th July
9AA	RSA B2	Mental Health + Physical Fitness	Online Manipulation	Intimate Relationships	Taking Risks
9AB	CGO E2	Mental Health + Physical Fitness	Online Manipulation	Intimate Relationships	Taking Risks
9AC	LGA E3	Mental Health + Physical Fitness	Online Manipulation	Intimate Relationships	Taking Risks
9AD	RSA B2	Mental Health + Physical Fitness	Online Manipulation	Intimate Relationships	Taking Risks
9AE	EHE G7	Mental Health + Physical Fitness	Online Manipulation	Intimate Relationships	Taking Risks
9AF	JME E3	Mental Health + Physical Fitness	Online Manipulation	Intimate Relationships	Taking Risks
9AG	SMI T5	Mental Health + Physical Fitness	Online Manipulation	Intimate Relationships	Taking Risks
9AH	ISM E3	Mental Health + Physical Fitness	Online Manipulation	Intimate Relationships	Taking Risks
9AI	NOU B12	Mental Health + Physical Fitness	Online Manipulation	Intimate Relationships	Taking Risks

YEAR 10: PDC ROTA

GROUP	ROOM	Number of lessons 4 Week Beginning: Wk A 1st September Week Ending: 21st October	Number of lessons 4 plus target setting. Week Beginning: Wk A 3rd November Week Ending: 2nd February 2026 Target Setting 12th January -23rd January	Number of lessons = 4 plus 2 study skill and 1 target setting. Week Beginning: Wk A 26th January Week Ending: 8th May Year 10 study skills (1 lesson 16th March -27th March, 2 lesson 30th March-24th April). Reflection Target Setting 27th April – 8th May	Number of lessons = 4 plus PPE reflections and work experience. Week Beginning: Wk A 11th May Week Ending: 21st July Year 10 PPE reflection 15th – 26th June Year 10 Work Experience Prep 29th June – 10th July
10.1	ISM E2	Mental + Physical Wellness	Appropriate Relationships	Sexual Health	Harmful Media
10.2	LBI Y1	Mental + Physical Wellness	Appropriate Relationships	Sexual Health	Harmful Media
10.3	HDE E2	Mental + Physical Wellness	Appropriate Relationships	Sexual Health	Harmful Media
10.4	JKY N11	Mental + Physical Wellness	Appropriate Relationships	Sexual Health	Harmful Media
10.5	SAL B3	Mental + Physical Wellness	Appropriate Relationships	Sexual Health	Harmful Media
10.6	GCO E2	Mental + Physical Wellness	Appropriate Relationships	Sexual Health	Harmful Media
10.7	CPA S	Mental + Physical Wellness	Appropriate Relationships	Sexual Health	Harmful Media
10.8	NRO N9	Mental + Physical Wellness	Appropriate Relationships	Sexual Health	Harmful Media
10.9	GAB G5	Mental + Physical Wellness	Appropriate Relationships	Sexual Health	Harmful Media

YEAR 11: PDC ROTA –

GROUP	ROOM	Number of lessons = 4 plus 1 study skills and 1 lesson of revision. Week Beginning: Wk A 1st September Week Ending: 31st October Study Skills 27th to 7th November Revision 10th – 21st November	Number of lessons = 4 plus 1 target setting Week Beginning: Wk A 24th November Week Ending: 30th January 2026 Target Setting 12th -23rd January A &A and Mock results.	Number of lessons = 4 plus 1 target setting and 1 study skill. Week Beginning: Wk B 2nd February Week Ending: 30th April Reflection and Study Skills (2 lessons) 20th April – 30th April)	Number of lessons = 4 Week Beginning: Wk A 5th May Week Ending: 19th June Book Return day 19th June
11.1	CPA N13	Employability + Finance	Inappropriate Relationships	Sexual Health	Health and Prevention
11.2	GDA E1	Employability + Finance	Inappropriate Relationships	Sexual Health	Health and Prevention
11.3	HDE N12	Employability + Finance	Inappropriate Relationships	Sexual Health	Health and Prevention
11.4	ISM N11	Employability + Finance	Inappropriate Relationships	Sexual Health	Health and Prevention
11.5	JLT N8	Employability + Finance	Inappropriate Relationships	Sexual Health	Health and Prevention
11.6	JME E3	Employability + Finance	Inappropriate Relationships	Sexual Health	Health and Prevention
11.7	NOU B12	Employability + Finance	Inappropriate Relationships	Sexual Health	Health and Prevention
11.8	JLT E1	Employability + Finance	Inappropriate Relationships	Sexual Health	Health and Prevention
11.9	WRM R5	Employability + Finance	Inappropriate Relationships	Sexual Health	Health and Prevention

YEAR 12: PDC ROTA –

GROUP	ROOM	Term 1 Week Beginning 4th September Week Ending 24th October	Term 2 Week Beginning 29th October Week Ending 19th December	Term 3 Week Beginning 5th January Week Ending 13th February	Term 4 Week Beginning 23rd February Week Ending 2nd April	Term 5 Week Beginning 20th April Week Ending 22nd May	Term 6 Week Beginning 1st June Week Ending 21st July Year 12 PPE 22nd - 26th June Year 12 Work Experience 12th – 17th of June
12A	STR	Study Skills + Safeguarding and others	Employability	Relationships	Health & Wellbeing	Living in the wider world	Next Steps
12B	KEL	Study Skills + Safeguarding and others	Employability	Relationships	Health & Wellbeing	Living in the wider world	Next Steps
12C	KEL	Study Skills + Safeguarding and others	Employability	Relationships	Health & Wellbeing	Living in the wider world	Next Steps
12D	GVI	Study Skills + Safeguarding and others	Employability	Relationships	Health & Wellbeing	Living in the wider world	Next Steps
12E	GVI	Study Skills + Safeguarding and others	Employability	Relationships	Health & Wellbeing	Living in the wider world	Next Steps

YEAR 13: PDC ROTA –

GROUP	ROOM	Term 1 Week Beginning 4 th September Week Ending 24 th October	Term 2 Week Beginning 29 th October Week Ending 19 th December	Term 3 Week Beginning 5 th January Week Ending 13 th February Year 13 PPEs 5 th -16 th January	Term 4 Week Beginning 23 rd February Week Ending 2 nd April	Term 5 Week Beginning 20 th April Week Ending 22 nd May	Term 6 Week Beginning 1 st June Week Ending 20 th June
13A	GVI	Study Skills + Safeguarding and others	Health & wellbeing	Living in the wider world	Health and Emotional Wellbeing	Finances	Study Skills
13B	GVI	Study Skills + Safeguarding and others	Health & wellbeing	Living in the wider world	Health and Emotional Wellbeing	Finances	Study Skills
13C	GVI	Study Skills + Safeguarding and others	Health & wellbeing	Living in the wider world	Health and Emotional Wellbeing	Finances	Study Skills
13D	GVI	Study Skills + Safeguarding and others	Health & wellbeing	Living in the wider world	Health and Emotional Wellbeing	Finances	Study Skills
13E	GVI	Study Skills + Safeguarding and others	Health & wellbeing	Living in the wider world	Health and Emotional Wellbeing	Finances	Study Skills