



INTENT

We want our learners to develop a positive attitude towards physical activity and sport by promoting a healthy lifestyle.

Our aim is to enable learners to develop the fundamental skills and knowledge to empower them to further their interests in sport, exercise and physical activity, both in school at our extra-curricular clubs, as well as outside of school to local sports clubs and gymnasiums. We want to give our learners the opportunity to realise their potential and fully explore and acquire the life skills that Physical Education can offer, such as sportsmanship, co-operation, teamwork, leadership and fair play.

Our high-quality Physical Education curriculum enables all students to enjoy and succeed in many kinds of physical activities. They develop a wide range of skills, as well as acquire knowledge of tactics, strategies and compositional ideas that they can implement and/or explain successfully. Students are encouraged to explore their imagination and creativity and solve problems both individually and as part of a team. When they are performing, they analyse the situation and make decisions to solve problems and outwit opponents. They also reflect on their own and others' performances and find ways to improve them, often using ICT as an aid to improving performance and tracking progress. Our curriculum links to other curriculum areas such as ICT, numeracy and literacy. In our curriculum, demonstrating knowledge is valued just as highly as performance.

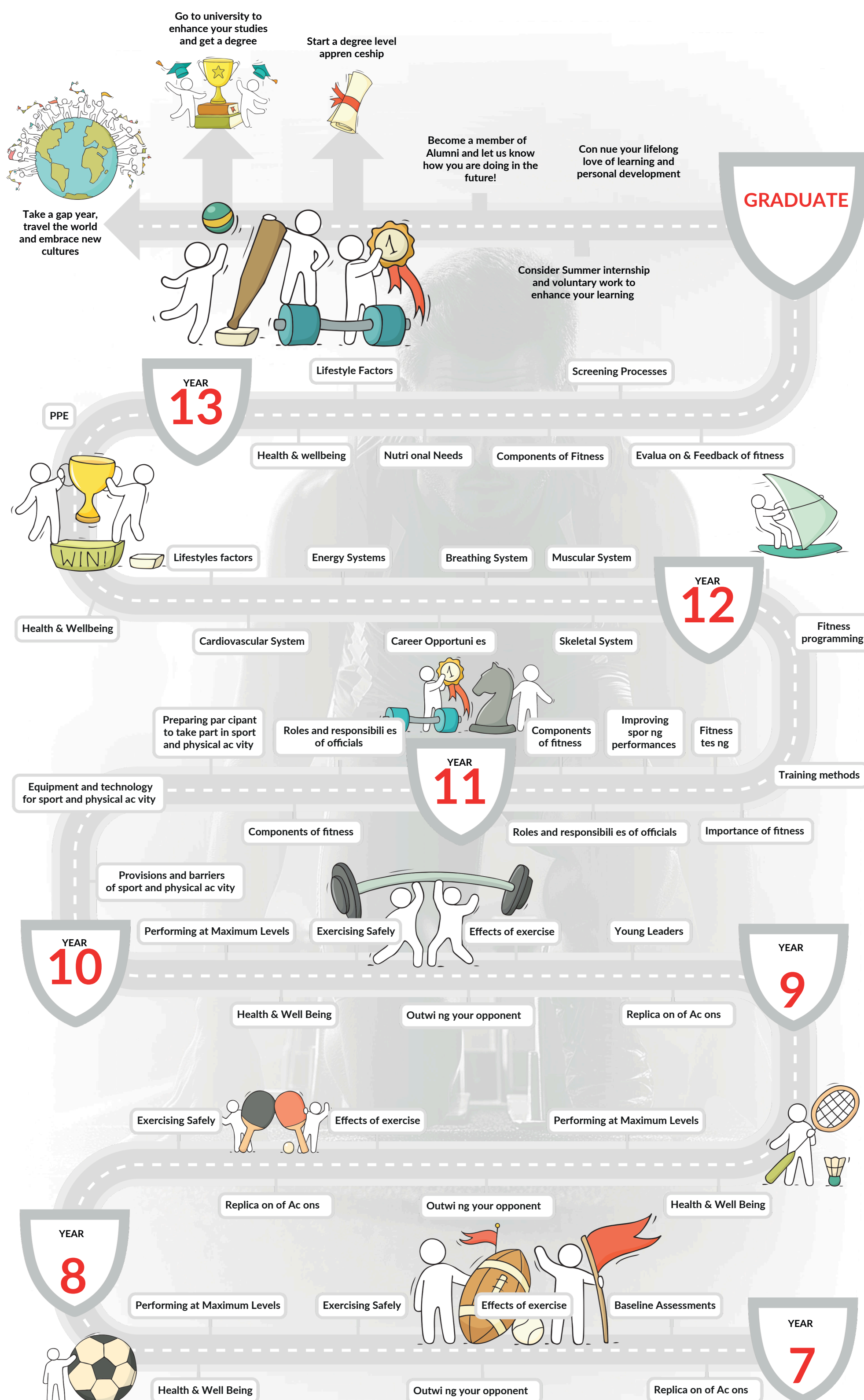
IMPACT

The aims and learning outcomes of this curriculum is to enable students to develop the ability to:

- Have the confidence to take part in and enjoy a range of physical activities.
- Understand the value of leading healthy, active lifestyles:
 - Exercising safely and effectively to improve health and wellbeing
- Apply their knowledge for a lifetime.
- Know what happens to the body when we exercise.
- Understand the various components of fitness.
- Test and train for a variety of fitness components.
- Make informed choices about lifelong physical activity.
- Study the theoretical aspects of Physical Education and Sports Science throughout KS4 (Level 1-2 BTEC in Sport) and KS5 (Level 3 BTEC Extended Certificate in Sport)
- Explore Higher Education courses and career pathways in the sports and leisure industries.
- Have theoretical discourse in that permeates into other curriculum content such as performing at maximum levels in relation to speed, height, distance, strength or accuracy, as in athletic activities and accurate replication of actions, phrases and sequences, as in gymnastic activities.

KEY PRIORITIES

- Strengthen curriculum coherence and deepen subject knowledge across all key stages
- Raise attainment in KS4 BTEC and promote challenge for all students
- Promote a positive learning culture through high expectations and inclusive practices
- Broaden character education and leadership through sport
- Strengthen participation and engagement across all student groups



"Everybody Matters, Everybody Succeeds, Everybody Helps"