



@fulstonfamily



FULSTON MANOR SCHOOL

YEAR 6 TRANSITION 2026

STUDENT BOOKLET



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everybody matters, everybody succeeds, everybody helps



WELCOME

TO THE FULSTON FAMILY

everybody matters, everybody succeeds, everybody helps

We are delighted to welcome you as a new student of Fulston Manor School and to our Fulston Family.

We know that the transition to a new school can be a worrying time for you and your families, but we can assure you that there is nothing to worry about and our friendly staff and students cannot wait to meet you.

We hope you find the information and materials provided in this booklet helpful; however, should you have any questions, then please do not hesitate to let us know.

We hope your time at Fulston Manor School will be both enjoyable and rewarding and we look forward to working with you to unlock your full potential, as we embark on this exciting next step in your learning journey, together.



Together we make the #FulstonFamily



A BEGINNERS GUIDE

to Fulston Manor School

Starting a new school is an exciting time, but it can also make you feel a little nervous - this is completely normal and understandable. Here are just a few things that we think will be helpful for you to know before you join us on Wednesday, 2nd September 2026.

WHAT WILL HAPPEN ON MY FIRST DAY?

When you arrive at the gates on your first morning you will be greeted by our friendly and helpful staff and Year 11 Prefects, who will welcome you and direct you to your house area. After spending some time with your Head of House you will meet your new tutor who will take you to your tutor room along with everyone else who is in your tutor group.

You will spend a lot of time with your tutor throughout your time at Fulston Manor School, particularly on your first day, where they will spend time introducing you to our school and taking you on a tour of our big, but wonderful site. You will also go through plans for your first few days with us, break and lunchtimes and where you can find things in your house area - especially your locker!

Here are some of our top tips for your first day:

- Remember where your house area is. If you ever need help or support this is the best place for you to go.
- Try and remember the names and faces of your house pastoral team. Your house team are always on hand to help you with anything that you or your family need. The house office is within your house area!
- Get to know your tutor! Your tutor, along with your tutor room will quickly become your safe space. You will see them every morning and they are there to help and guide you throughout your time with us.
- If there is anything you need help with, just ask! You can ask your tutor, house staff, any member of staff and even older students – everybody is here to help you!

TRAVELLING TO AND FROM SCHOOL

Whether you live in walking distance from school, or you plan to catch the bus or even train each day, we recommend practicing your journey to and from school a few times over the summer – particularly if you are not used to walking to school or getting on public transport.

Here are a few things you should familiarise yourself with:

- The location and name of the bus stop or train station you will use to get to and from school.
- What time and number train or bus you will need to catch each day, as well as the next bus or train that you can catch if you miss your usual one. How to read the timetable for your bus or train company and what other routes you could take if there is an issue with your normal journey.
- What you should do if you do miss your bus or train - we recommend planning this with your family so that everyone is aware of your plan.
- If you are going to walk to school, perhaps familiarise yourself with a few different routes.
- If you are travelling to and from school with friends, make sure you plan a clear meeting spot where you can wait for and meet your friends each day.
- Links to bus timetables are shown below.

Chalkwell Coaches



Scan the QR code or [click here](#) to download the Chalkwell Coaches timetable

Travel Masters Coaches



Scan the QR code or [click here](#) to download the Travel Masters Coaches school services



Scan the QR code or [click here](#) to download the Travel Masters 370 bus service timetable



Scan the QR code or [click here](#) to download the Travel Masters 372 bus service from Upchurch

OUR SCHOOL DAY

You must be at school by 8.40 a.m. each day and our house areas will be open to collect all the equipment you need for the day of learning ahead. Breakfast is available in Hales and Stanhope, between 8:00 a.m. and 8.30 a.m.

Our school day begins at 8:45 a.m. with a daily tutor period.

Breakfast Club	8:00 a.m. – 8:30 a.m.
Students in school and ready for the start of the day	8:40 a.m.
Tutor/Assembly	8:45 a.m. – 9:10 a.m.
Lesson 1	9:10 a.m. – 10:10 a.m.
Lesson 2	10:10 a.m. – 11:10 a.m.
Break	11: 10 a.m. – 11:30 a.m.
Lesson 3	11:30 a.m. – 12:30 p.m.
Lesson 4	12:30 p.m. – 1:30 p.m.
Lunch	1:30p.m. – 2:05 p.m.
Lesson 5	2:05 p.m. – 3:10 p.m.
Extra-Curricular Clubs and Activities	3:10 p.m. – 4:00 p.m.

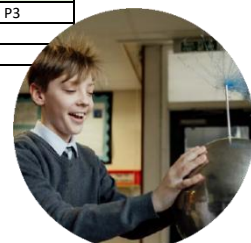
Following our tutorial period each morning, you will have five sixty-minute lessons each day. Here is an example of a Year 7 timetable:

WEEK A	1	2	3	4	5
Monday	French	English	Geography	Mathematics	History
Tuesday	Science	History	DT	French	Food/Textiles
Wednesday	English	Art	Mathematics	Geography	Citizenship
Thursday	Religious Studies	Performing Arts	PE	Computing	Science
Friday	Mathematics	Science	PDC	English	Games

WEEK B	1	2	3	4	5
Monday	French	English	Geography	History	Mathematics
Tuesday	Science	Computing	DT	PE	Food/Textiles
Wednesday	English	Art	Mathematics	Performing Arts	Geography
Thursday	Religious Studies	Science	French	Computing	Art
Friday	Mathematics	History	Games	English	Science








HERE IS AN EXAMPLE OF OUR EXTRA-CURRICULAR CLUBS AND ACTIVITIES TIMETABLE

Before School and Lunch Time				After School			
Day	Name of Club	Time	Venue	Day	Name of Club	Time	Venue
Monday	The Invitationals	8:45 a.m. – 9:10 a.m.	P3	Monday	Athletics	3:10 p.m. – 4:00 p.m.	Field
	French Speaking Club	1:30 p.m. – 2:00 p.m.	BC2		Dungeons and Dragons	3:10 p.m. – 4:00 p.m.	G1
	Table Tennis Club	1:30 p.m. – 2:00 p.m.	Gym		Homework Club	3:15 p.m. – 4:15 p.m.	Library
	Spanish Club	1:30 p.m. – 2:00 p.m.			Library Helpers – Year 7	3:10 p.m. – 3:45 p.m.	Library
				Tech Club	3:15 p.m. – 4:15 p.m.	P3	
Tuesday	Art Club KS4	1:30 p.m. – 2:00 p.m.	Y6	Tuesday	Drama Club	3:15 p.m. – 4:15 p.m.	P3
	Christian Club	1:30 p.m. – 2:00 p.m.	I6		Homework Club	3:15 p.m. – 4:15 p.m.	Library
					Pickleball	3:10 p.m. – 4:10 p.m.	Gym
Wednesday	Choir	8:30 a.m. – 9:10 a.m.	P3	Wednesday	Junior Dance Club	3:15 p.m. – 4:15 p.m.	P3
	Art Club KS3	1:30 p.m. – 2:00 p.m.	Y6		Creative Writing	3:15 p.m. – 4:15 p.m.	S1
	Duke of Edinburgh	1:30 p.m. – 2:00 p.m.	E1		Homework Club	3:15 p.m. – 4:15 p.m.	Library
Thursday	Table Tennis Club	1:30 p.m. – 2:00 p.m.	Gym	Thursday	Homework Club	3:15 p.m. – 4:15 p.m.	Library
					Rounders/Cricket	3:10 p.m. – 4:14 p.m.	Field
Friday	Book Club + Board Games	1:30 p.m. – 2:00 p.m.	Y5	Friday	Senior Dance Club	3:15 p.m. – 4:15 p.m.	P3
	Craft Club	1:30 p.m. – 2:00 p.m.	E1				
	Dungeons and Dragons	1:30 p.m. – 2:00 p.m.	G1				





FIRST DAY EQUIPMENT CHECKLIST

Starting a new school can be a daunting experience. Ensuring you have all the equipment you need is one small way of easing any anxieties about your first day.

						
Pencil Case	2B Pencils	Normal Writing Equipment	Maths Set	Reading Books	Colouring Pencils	Black Pen






TYPICAL WEEKLY MENU

Please find below an example of our Breaktime Menu and Lunch Menu.



Break Menu

Dishes marked with any of the following numbers contain the matching allergen

Monday	Tuesday	Wednesday	Thursday	Friday
Pain au Chocolate 2, 4, 7, 13 70p	Waffle with fruit preserve 2, 4, 7, 13 85p	Biscuits 2, 4 70p	Mini Pizza 2, 4 85p	Hot Dogs 2 70p
				

1 - Celery
2 - Cereals
3 - Crustaceans
4 - Eggs
5 - Fish
6 - Lupin
7 - Milk
8 - Molluscs
9 - Mustard
10 - Nuts
11 - Peanuts
12 - Sesame Seeds
13 - Soya
14 - Sulphur Dioxide
V - Vegan
V - Vegetarian

Every day there is a selection of - Baguettes 2 £2.75, Sandwiches 2 £2.35, Soft Rolls 2 £2.10, Salads £2.50, Wraps 2 £2.75
 Jelly - 70p Yoghurt - 7 40p
 Fresh Fruit Salad - 60p Piece of Fruit - 30p
 Fruit Juice Carton - 75p Milkshake Carton - 7 75p

Lunch Menu

Week 1
11th May 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Macaroni cheese (V) 2 7 £1.70 Chicken Jalfrezi and rice with naan bread 2 £2.50 Pasta King 2 £2.10 Jacket Potato 60p Baked Beans 50p Vegetable of the Day 50p	Chicken & Bacon Pie 2 7 £1.70 Cheese & tomato or Pepperoni pizza 2 7 £1.70 Pasta King 2 £2.10 Chips 70p Jacket Potato 60p Baked Beans 50p Vegetable of the Day 50p	Chicken Goujons with tortilla wrap 2 £1.70 Spaghetti Bolognese 2 £1.70 Pasta King 2 £2.10 Potato Puffs 70p Jacket Potato 60p Baked Beans 50p Vegetable of the Day 50p	Steak Slice 2 £1.70 Lasagne 2 7 £1.70 Pasta King 2 £2.10 Potato Spirals 2 70p Jacket Potato 60p Baked Beans 50p Vegetable of the Day 50p	Battered Cod 2 5 £1.70 Southern Fried Chicken 2 £1.70 Pasta King 2 £2.10 Chips 70p Jacket Potato 60p Baked Beans 50p Vegetable of the Day 50p
Biscuits 2 75p Fresh Fruit 30p Fruit Salad V 60p Yoghurt 7 40p	Chocolate Brownie 2 4 75p Fresh Fruit 30p Fruit Salad V 60p Yoghurt 7 40p	Marble Cake 2 4 75p Fresh Fruit 30p Fruit Salad V 60p Yoghurt 7 40p	Chocolate Fudge Cake 2 4 75p Fresh Fruit 30p Fruit Salad V 60p Yoghurt 7 40p	Iced Bun 2 4 75p Fresh Fruit 30p Fruit Salad V 60p Yoghurt 7 40p

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BREAKFAST CLUB

Breakfast Club is open each morning from 8:00 a.m. until 8:30 a.m. in Hales House (Cromer and Hales students) and Stanhope (Morrison and Stanhope students).




Breakfast Menu

Served Daily in Hales & Stanhope 8am - 8.30am

4 Breakfast Items for £1 - Choose from any of the following - Bacon, Sausage, Egg, Beans, Toast, Hash Brown

Croissant 70p (2)	Porridge 80p each (2)	Crumpets 35p each (2)	Toast per slice 30p (2)	Hash Browns - 50p each (2)	Toasted bagels with a selection of spreads and cereals are free! More information found in House Areas, please help yourself
					

Half a Baguette plain or with chocolate spread, butter or jam 60p (2, 12) Half a Baguette with sausage, bacon or egg 70p (2, 12) Whole Baguette with sausage, bacon or egg £1.40 (2, 12) Sausage & Egg Muffin with cheese £1.20 (2, 4, 7, 13, 14) Extra item (bacon, sausage, egg) 30p

Also available:
 Jelly - 70p Yoghurt - 7 40p
 Fresh Fruit Salad - 60p Piece of Fruit - 30p
 Fruit Juice Carton - 75p Milkshake Carton - 7 75p





FULSTON FAMILY UNIFORM

- Black blazer with school badge.
- Grey V-neck jumper (optional).
- White shirt/blouse – short or long sleeved
- House tie.
- Checked grey and black skirt - worn with waistband showing
or
Black straight-legged tailored school trousers.
- Socks - plain white, grey or black. No trainer socks - no logos.
- Tights – black, minimum 40 denier.
- Shoes should be black, plain and sensible. For obvious safety reasons, thin or higher heels are inappropriate. Shoes should be suitable for both indoor and outdoor use. Boots, trainers, canvas or other highly coloured shoes **must not be worn** in school.
- Non-discreet make-up, acrylic nails, nail varnish or jewellery should **NOT** be worn to school, with the exception of below.
- One small discrete pair of gold/silver ear studs (one stud per ear lobe) are allowed – these must be removed for PE/Games and at other times as requested, for a health and safety reason. No other piercings are allowed.
- All extremes of hairstyling are not permitted, including any unnatural colours.

PE AND GAMES KIT

- Black sport polo shirt with House colour logo.
- Black ¼-zip mid-layer top with school logo (optional).
- Plain black sport shorts (no logos) **or** plain black running shorts (two-layer shorts) (no logos)
or plain black running leggings (no logos).
- Sport socks.
- All students should wear trainers for PE/Games.
- All students should have shin pads for Games.
- Football boots and gum shields should be purchased separately for games.

www.brigade.uk.com/parents

All uniform, kit and equipment must be clearly named. We cannot be held responsible for items of clothing or property lost or damaged.



Scan the QR code
to view our Uniform
List or [click here](#)



OUR EXPECTATIONS

When you join Fulston Manor School, you are joining our Fulston Family. As a member of our community, you are expected to be 'ready, respectful and safe', be polite and behave at all times. We have clear and high expectations of all students and our expectations, rewards and sanctions are all in line with our Behaviour Policy (which will be explained to you when you join us) and can be found on our website.

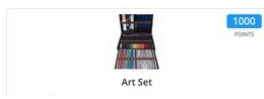
COMMUNITY CARDS

Every term, you will be issued with a Community Card.

If you fill the positive side of their Community Card by demonstrating any of our Fulston Family Values, you will be awarded 10 positive points on ClassCharts – these can be spent in our Reward Store!

Alternatively, if you do not follow our basic expectations outlined on your Community Card, staff will sign your card – if you receive five negative signatures, you will receive a House detention.

REWARDS STORE



Our ClassCharts Rewards Store is one of the many perks of being a member of our Fulston Family.



Positive points are awarded for a wide range of things, from demonstrating our Fulston Family Values, completing great classwork or homework and being a great ambassador for our community.



Your positive points can be spent in our Rewards Store on a huge variety of prizes such as cinema tickets, ASWEE Smart Watch or Xbox vouchers, Amazon and other shopping vouchers or sweets and chocolates.



Some students are saving up their points to buy some of our top prizes like Wireless Earphones, Hair Straighteners, Kindle, Bluetooth speakers or Amazon Fire HD 10 Tablet.

MOBILE PHONES

Mobile phones and headphones/earphones/AirPods are **not permitted** during the school day.

Students must switch off their mobile phones at the school gate; it must be **stored securely** and must remain there until the end of the school day.

STUDY SUPPORT CLUB

Our Study Support Club meet every day after school, from 3:15 p.m. to 4:15 p.m. in our Library.

You do not need to sign up, you can just simply turn up if you have some homework or revision that you would like to complete.

We have fully trained staff on hand and you can use all of our library resources, including the computers, to complete your work.

OUR BESPOKE PEER MENTORING SYSTEM



At Fulston Manor School, we have our very own bespoke and award-winning Peer Mentoring System, whereby specially trained students and staff are on hand to help you with any challenges you may face.

Having trouble settling in? Would like to make new friends, but are finding it difficult? Need extra help finding your way around your new school? Worried about the amount of work or homework that you are receiving?

Don't worry about any of these issues; please see your Head of House who can organise for you to have a PeerMentor. Mrs Woollcott will then allocate a Peer Mentor to you.

BREAK AND LUNCHTIME AT FULSTON MANOR SCHOOL



Break and lunchtime can look very different in each school and our structure may be different to what you have been used to at your primary school. Don't worry, you will soon get used to our routines and will pick it up in no time!

Timings

Break time takes place each morning from 11:10 a.m. until 11:30 a.m. Our lunchtime is from 1:30 p.m. until 2:05 p.m. each day.

Where can I go at break and lunchtime?

You can either spend your break and lunchtimes in your house area or outside. During the summer months, we also open the school field at lunchtimes. You can only eat in your house area; no food is to be consumed elsewhere on the school site.

Can I spend time with my friends in other House areas?

Yes, but not in their house area. You can spend time with friends around the school site.

Where are the toilets?

There are student toilets in each house area. You may only use the toilets in your own house area.

How do I purchase food at break and lunchtime?

We are a cashless school, which means you can buy food at breakfast club, break and lunchtime using your WisePay* account. There is a great selection of snacks served at break and even more choice at lunchtime, including hot meals! There is a wide variety available each day, so there is certainly something for everyone.

**Details of the WisePay account system will be sent to your parent/carer in August.*

Healthy Schools

All food we serve complies with the government Healthy Schools Scheme. We encourage all members of the Fulston Family to be as healthy as possible and therefore the following rules apply:

- No fizzy drinks (including any energy drinks) are allowed in school.
- No chocolate bars or snacks are allowed in school (chocolate coated biscuits are permitted).

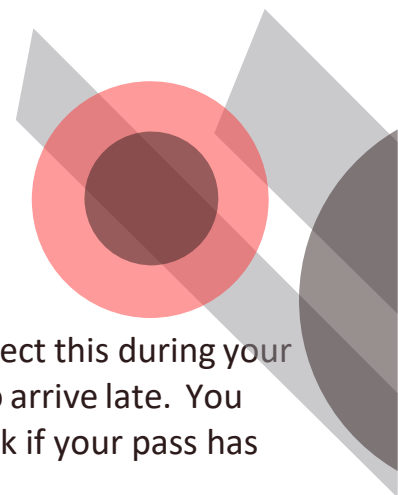
OUR TOP TIPS



We asked some of our current students to give you some 'top tips' for starting at Fulston Manor School. Here is what they said:

- Do not worry if you get lost, staff and students will be happy to help you.
- Do not worry if you are the only one from your current school joining us, you will make plenty of new friends.
- Be brave and remember you are not the only person starting something new. This is a fresh start for every Year 7 student, so be kind and help each other out as much as possible.
- Take advantage of our award-winning Peer Mentoring Team - they are always on hand to help and support you.
- Be punctual and on time to school each day and all of your lessons - every moment counts!
- Focus, concentrate and participate in all of your lessons. Make the most of every lesson, be creative and always try your best.
- Make sure you stay on top of all your homework. If you don't understand, speak to your teacher. Always try your best with the homework set and make sure it is handed in on time.
- Have a positive, can do attitude at all times - school can be an amazing place if you embrace it and give it your all!
- Take part in as many extra-curricular activities and clubs as you can. These are an amazing way to make new friends, have fun and learn new things.
- If you are struggling, speak to someone or if it is a particular subject that you are struggling with, speak to your teacher. If it is something else, you can always speak to your tutor or a member of your house pastoral team.
- Always take responsibility for your actions. We all make mistakes sometimes and owning up to these and learning from them is the best way to learn and change. Be polite, kind and thoughtful at all times. We are one big community and should all try to be role models and help each other out as much as possible. Most importantly, have fun! School can be a wonderful place, so make the most of it!

FAQ's



How do I get my bus/train pass?

If your parents or carers have applied for a bus or train pass, you can collect this during your first week of school. Passes are sent directly to us but sometimes they do arrive late. You may need to carry a small amount of money with you during the first week if your pass has not arrived.

What if I feel unwell at school?

If you are in a lesson, tell your teacher that you are feeling unwell. If you are not in a lesson, tell a member of your house pastoral team.

What if I find it hard to adjust to my new school?

This is completely normal so do not worry. Talk to your tutor or a member of your house pastoral team. If it is a specific lesson or subject that you are struggling with, talk to that subject teacher – everybody is here to help you!

Will I have my own locker?

Yes. You will be allocated a locker within your house area. You will not be allowed to carry your school bag or coat with you around the school site and these, along with your books and any equipment you need each day, should be stored in your locker. It is your responsibility to provide a padlock for your locker and we recommend you give a spare key to your house pastoral team.

Do I need special or particular equipment for certain lessons?

Possibly, Yes. But this will depend on each lesson and the topics being studied. Your individual subject teachers will make it clear if there are any specific items you need for their subject.

Are there any after-school clubs or activities that I can join?

100% YES! Our extensive After School Clubs and Activities programme is full of fantastic opportunities to take part in before school, at lunchtime and after school each day. You do not need to sign up for most of our clubs and regular timetables are published in tutor rooms, house areas, on our website and on our social media channels each term.



FAQ'S CONTINUED...

Can I join any sports team and represent Fulston Manor School?

Yes, absolutely! Our fantastic PE and Sport department run so many different sports clubs; Hockey, Football, Rugby and Tennis to name just a few. Many lead to inter-school competitions with other local schools where you can represent Fulston Manor School! Keep an eye on our club and activities timetable to see when our sports clubs are taking place!

What should I do if I have lost something at school?

Don't assume that somebody has taken something of yours. More often than not, items are easily found once you retrace your steps. If you still cannot find what you are looking for, speak to your tutor or house pastoral team.

Should I bring any money to school with me?

We recommend that you do not bring money into school with you. All catering is cashless and your account can be topped up online. If you do need to carry money for bus or train fares, we suggest you keep this as little as possible and only bring in the amount you need to cover your travel costs.

Is there a student Prefect system at Fulston Manor School?

Yes. You can become a House Prefect from Year 10 and a School Prefect in Year 11. These positions are very prestigious and all Prefects are awarded either a white badge or a red tie, depending on their position. Our Prefects are great people to turn to if you need help with anything. There are also opportunities to join your house or our whole-school student councils – be brave and volunteer!

What happens at lunchtime?

For the first few weeks of the year, you will have lunch five minutes earlier than the rest of the school. This allows you time to settle in and get used to your house area and how our canteen system works. Don't forget to ensure your parents/carers have topped up your WisePay account so that you can enjoy all the yummy food available at break and lunchtime.

What should I do if I am late to school?

Arriving on time (8:40 a.m.) each morning is really important. However, if you are a little late you need to ensure that you have been signed in so that we know you are on site and safe. If you arrive before 9:10 a.m., head straight to your tutor room and your tutor will sign you in. If you arrive after 9:10 a.m. you will need to sign in at Main Reception.

TERM DATES 2026/2027

Term 1:

Start of term (Year 7 + 12) – Wednesday, 2nd September 2026

Start of term (Year 8, 9, 10, 11 + 13) – Thursday, 3rd September 2026

End of term – Tuesday, 20th October 2026

Staff Training Day – Wednesday, 21st October 2026

Staff Training Day – Thursday, 22nd October 2026

Staff Training Day – Friday, 23rd October 2026

Term 2:

Start of term – Monday, 2nd November 2026

Staff Training Day – Monday, 30th November 2026

End of term – Friday, 18th December 2026

Term 3:

Start of term – Monday, 4th January 2027

End of term – Friday, 12th February 2027

Term 4:

Start of term – Monday, 22nd February 2027

End of term – Thursday, 25th March 2027

Term 5:

Start of term – Monday, 12th April 2027

Bank Holiday – Monday, 3rd May 2027

End of term – Friday, 28th May 2027

Term 6:

Start of term – Monday, 7th June 2027

End of term – Wednesday, 21st July 2027

Scan the QR code or [click here](#)
to view our full term dates and
additional information.





Transition Activity Book

August 2026



August 31-Day Challenge...



Fulston Manor School 31 Day Transition Challenge August 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Research the Fulston Manor School website and make a list of the different subject areas.
2 Write a letter to your Year 6 Teacher or Headteacher about your time at Primary School.	3 Go for a walk and take photos of things that you don't normally notice. Create a montage.	4 Identify three subjects you are looking forward to studying at Fulston Manor School.	5 Find three positive articles or pictures that make you smile. Share them with your friends and family.	6 Make a quiz "getting to know me" and play it with family and friends.	7 Make sure you try on your uniform to make sure it fits and check you have everything.	8 Complete a Joe Wicks workout or create one of your own.
9 Cook a healthy meal for your family.	10 Go on a virtual museum tour, then create an advertising poster promoting the best part of the tour.	11 Have a board game championship with family.	12 Create a painting or drawing of yourself or a pet in isolation.	13 Plan your route to school. Set a date to practice getting to Fulston Manor School.	14 Recall three things you have achieved this summer that you are proud of.	15 Set yourself a kindness mission. Give your time to help other family members
16 Literacy is important, take time out of your day to read a book every day this week.	17 Start to wear your new school shoes so that they don't give you blisters on the first day.	18 Challenge yourself to learn the Capital Cities of the world.	19 Practice breathing exercises as a strategy to help keep you calm.	20 Write a morning and evening routine for you to follow when you return to school in September	21 Practice your route to school with someone. Remember and be safe.	22 Do you have a copy of the bus/train timetable? Do you know how long it will take you in the morning?
23 Make a list of equipment you will need for Secondary School.	24 List the qualities and skills you need to be a good citizen.	25 Take someone from your household on a walk that you have planned.	26 Learn to play/sing a new song. Use online tutorials to help.	27 Look up at the sky. Remember we are all part of something bigger	28 Pack your school bag with your reading book, pencil case, calculator.	29 Go outside and get some exercise today
30 Plan a No Screen day including mobile phone.	31 Organise your uniform, check your school bag and practice your journey to school					

Fulston Manor School Transition Challenge

Here is a little challenge for you...

See if you can complete our daily challenge every day throughout August.

All About Me

Draw a self portrait here.

Name:

Birthday:

My Primary School:

Eye Colour:

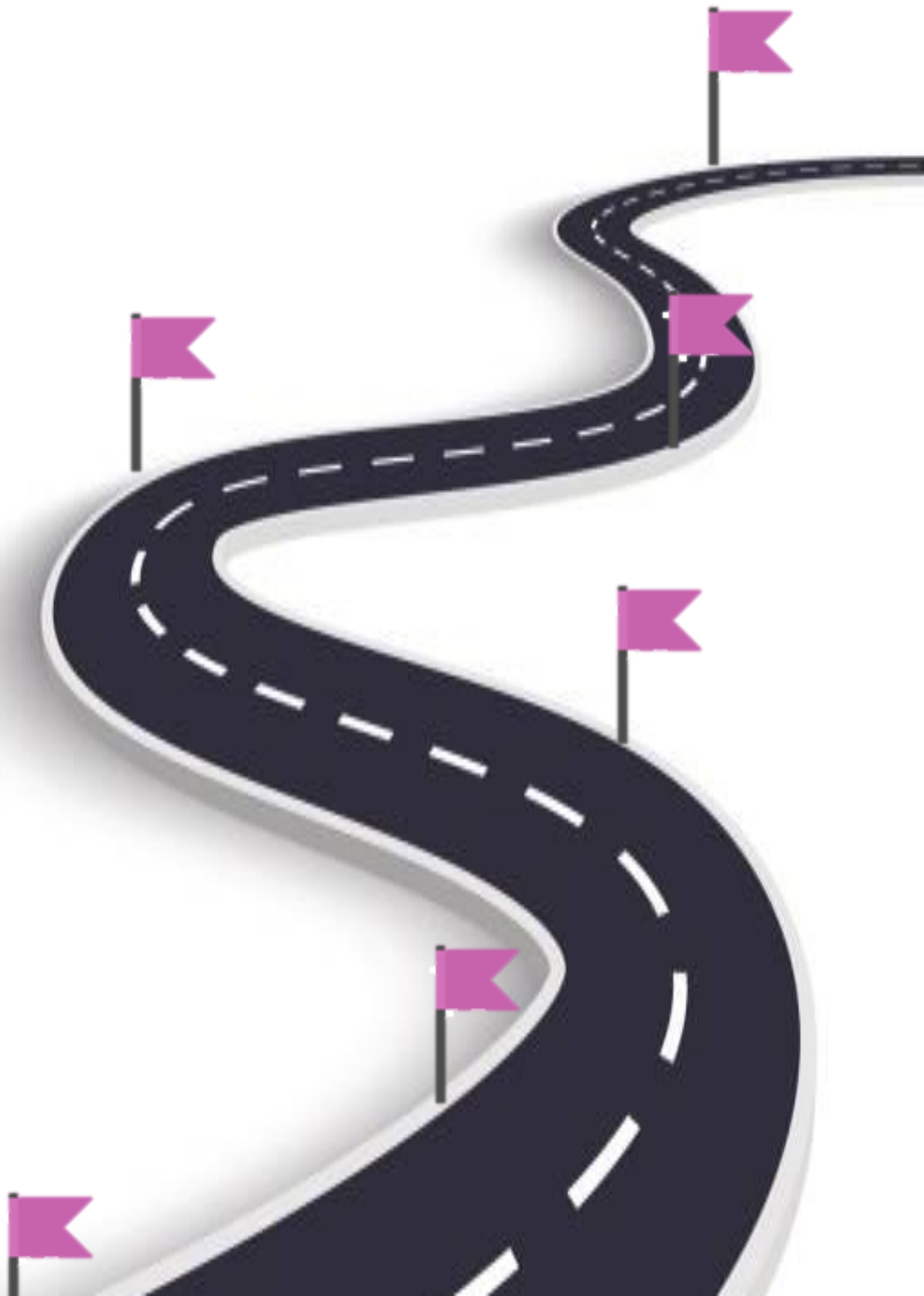
Hair Colour:

Height:

Favourite Colour	
Favourite Animal	
If I could have a superpower, I'd....	
Favourite School Subject	
Best place I've ever been to...	
Dream country to visit...	
If I could travel back in time, I'd go to...	
My dream job is...	

MY JOURNEY SO FAR

Life is a journey! Think back through primary school and write down your favourite memories or events that have shaped you to become the amazing person you are!



My New Secondary School

Full Name of the School	
School Address	
School Telephone Number	
Name of the Headteacher	
School starts at	
School finishes at	
I will get to school by	
How long will it take you to get to school?	
What time will you need to leave home?	

Add 10 words around the image below to describe your new school.



Moving to Your New School

List 4 things you are most excited about moving to Fulston Manor School:

- 1.
- 2.
- 3.
- 4.

List 4 things you are a little worried/nervous about:

- 1.
- 2.
- 3.
- 4.

List 4 things you would like to know about Fulston Manor School:

- 1.
- 2.
- 3.
- 4.

List 4 things that will help you when moving to Fulston Manor School:

- 1.
- 2.
- 3.
- 4.

List 4 differences between your primary school and Fulston Manor School:

- 1.
- 2.
- 3.
- 4.

Subjects at your New School

Find the subjects below in the Word Search – they are vertical, horizontal and diagonal!

R B S J P S M Z F E N I V Z W R M
O W V E F U X G C J C G W E C F A
T D W R L R X N I W K Y T B G G T
U B Q D G I E H I S T O R Y E S H
T U P O M I T N E V O O N O Q O S
R K X U C M C X C A V I G C C R A
O L S S T J I V E H R R W C Z L W
V I W S O K T J W T A T H R K O J
C E N W G D I Q K P L M J H N C H
G T C D H P Z G H F R N T F J N S
L F O N I D E Y Q X U M O E J B I
V O X S A U N R M Y T I M E J M L
F Z A T P D S G N I T U P M O C G
P I P C P E H A M A R D T O K H N
A L C O I J I Y H Q B H L Z A T E
D Q Y Q R R P C N K V Z C E I J L
V I L I G I G V B Y M J I Y G P W

- | | |
|-----------|-------------|
| English | Dance |
| Science | Textiles |
| Geography | Food |
| History | Computing |
| Art | Citizenship |
| Music | French |
| PE | Tutor Time |

Subjects at your New School

Match up the subject to the correct icon



Maths

English

Science

Geography

History

Art

Music

PE

Drama

Dance

Textiles

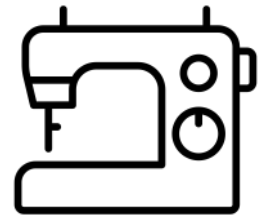
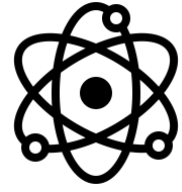
Food

Computing

Citizenship

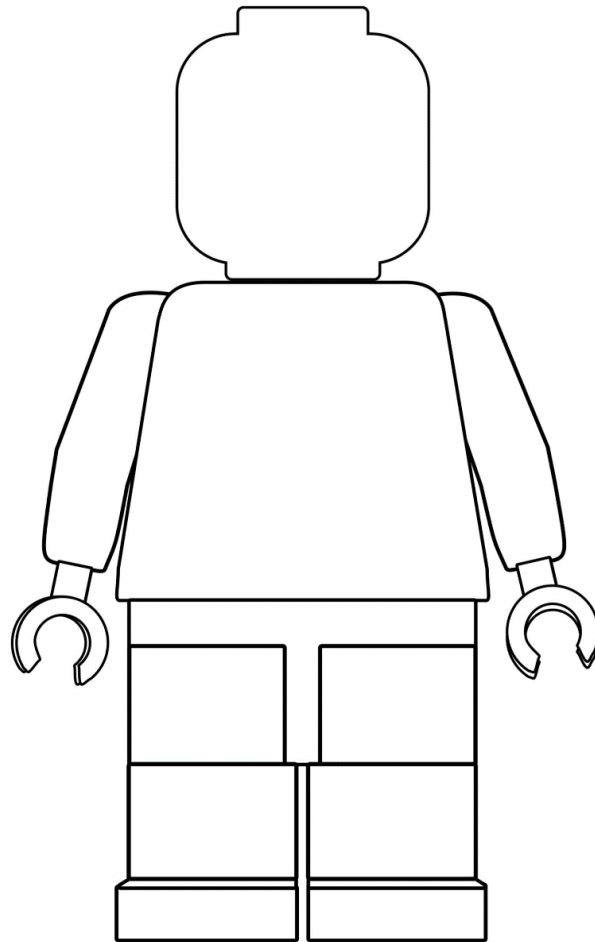
French

Tutor Time



Looking Smart at Secondary School

One of the different things about moving to secondary school is the change in what you will wear. At Fulston Manor School we pride ourselves in looking smart and professional at all times. Use the school website or the information which has been sent to your parents/carers to draw and label the school uniform you will wear onto the Lego figure.



Why is wearing the correct school uniform important?

.....

.....

.....

.....

.....

Getting to Secondary School

Getting to Fulston Manor safely is just as important as being there. In the box below, draw the route you are going to take to school (whether that's walking, cycling, driving or by bus). Identify spots where there could be hazards (e.g. busy roads) and explain how you will manage this safely!

Expectations

Our school motto is “Everybody Matters, Everybody Succeeds, Everybody Helps”.

Our motto applies to the way we choose to conduct ourselves, the way that we behave towards other people, and the way that we behave in our lessons.

They are expectations, because we are expected to behave in this way; it is not a choice. The expectation that we have is that we all behave in a way that means that we are calm, collected and respectful towards one another, and that we arrive for our lessons punctual and prepared.

“Everybody Matters, Everybody Succeeds, Everybody Helps”

Match the correct description to each part of our school motto.

Turning up on time to lessons

Working successfully as part of a team

Being respectful of other people's beliefs

Having your shirt tucked in neatly

Contributing to lessons

High level of respect shown to all

Saying good morning to people as you pass

Supporting others

Holding the door open for a teacher

Having a pen, pencil and ruler in lesson

Consistent punctuality over the whole year

Helping with Breakfast Club

Turning up on time to lessons

Acting as an ambassador role

Going above and beyond with your work

Staying calm if something goes wrong

Being respectful to other staff and students

Sitting with someone who is alone at lunch

Apologising if you have done something hurtful

Turning up on time to lessons

Discussing issues with a teacher rather

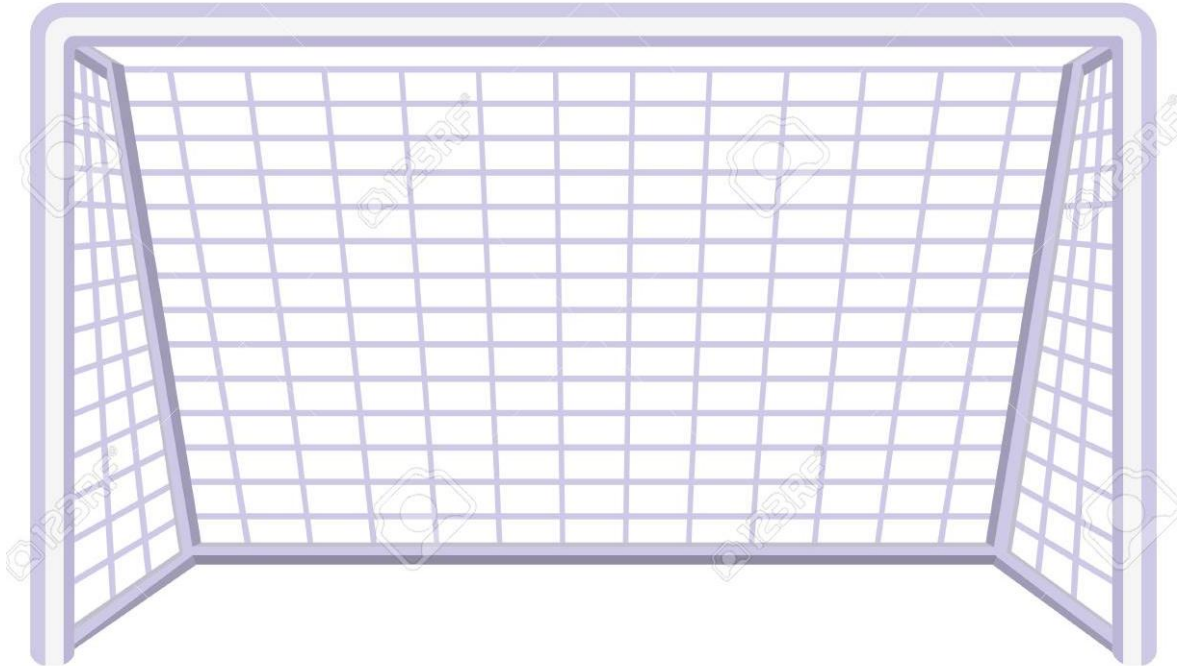
Remembering your homework

Giving someone a compliment

Asking for help when needed

My Goals For Secondary School

When you arrive at Fulston Manor, you will learn a huge number of new skills, and improve skills you have practiced in Primary School. In the goal below, use the list to write in 10 new skills or things you'd like to build on in your years at Fulston Manor School.



Be in a school play or production	Speak another language	Represent your school in a national competition
Learn to play a musical instrument	Volunteer in the local community	Travel to another country
Play for a school team	Learn how to survive in the wild	Take care of the school garden
Learn how to manage money	Taste food from another country	Walk the school dog
Cook a new meal from scratch	Read new books	Take part in a fancy dress day
Create a piece of art	Raise money for charity	Become Head Boy or Head Girl
Learn how to read a map	Join an after-school club	Learn to dance
Use computers to create your own website	Learn First Aid	Improve your singing
Make new friends from other schools	Work as part of a team	Try camping

Beyond Secondary School

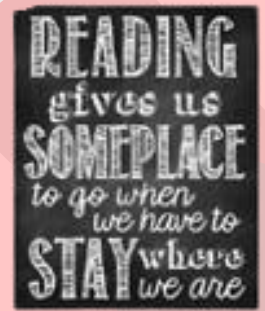
After Fulston Manor School, you can move onto college or an apprenticeship and then to University or into a job! It's normal not to know what you want to do yet but this is a chance for you to have a think about your dream jobs!

JOB: KEY SKILLS: SUBJECTS TO STUDY:	Icons to represent that job:
--	------------------------------

JOB: KEY SKILLS: SUBJECTS TO STUDY:	Icons to represent that job:
--	------------------------------

JOB: KEY SKILLS: SUBJECTS TO STUDY:	Icons to represent that job:
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Transition Reading List

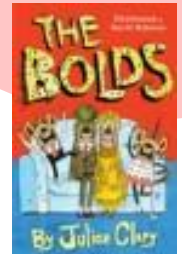


Here are a selection of books you might want to get stuck into over the next few weeks and on the run up to starting at Fulston Manor School in September.

Reading can help you escape to new places, build imagination, develop your vocabulary and help ease stress. So, let's get reading and see where you end up...

The Bolds by Julian Clary

Mr and Mrs Bold are just like you and me; they live in a nice house (in Teddington), they have jobs (like writing Christmas cracker jokes) and they love to have a bit of a giggle. One slight difference; they're Hyenas! Yes, that's right – they're covered in fur, have tails tucked into their trousers, and they really, really like to laugh.



Howl's Moving Castle by Diana Wynne Jones

Sophie Hatter, from the land of Ingary, catches the unwelcome attention of the Witch of the Waste and is put under a spell. Deciding she has nothing more to lose, Sophie makes her way to the moving castle that hovers on the hills above her town, Market Chipping. But the castle belongs to the dreaded Wizard Howl, whose appetite, they say, is satisfied only by the souls of young girls... There Sophie meets Michael, Howl's apprentice, and Calcifer the fire demon, with whom she agrees a pact.

War Horse by Michael Morpurgo

Set before and during World War I, it tells of the journey of Joey, a bay Thoroughbred horse raised by British teenager Albert (Irvine), as he is bought by the British Army, leading him to encounter numerous individuals and owners throughout Europe, all the while experiencing the tragedies of the war happening around him.



Dogs Of The Deadlands by Anthony McGowan

Unhappy about his baby sister's illness and the chaos of moving into a dilapidated old house, Michael retreats to the garage and finds a mysterious stranger who is something like a bird and something like an angel.

Into The Wild – book 1 of the Warrior series by Erin Hunter

When 'kittypet' Rusty strays into the forest beyond his owner's garden and is ambushed by a wild cat, life as he knows it is over. After a brave fight, he is invited to leave the 'twoleg' world and join Thunderclan, one of four cat tribes, to train as a warrior.

Rusty becomes Firepaw and learns laws of the wild. When the fearsome Shadowclan threaten Thunderclan's territory his warrior skills are put to the test. How can he protect the clan when he suspects their own deputy of treachery?





Football Rising Stars Series by Harry Meredith

Featuring fresh talents from England, Portugal, Norway, France, Germany and Spain, the series covers their unique rise; from playing football in the park and 5-a-side to performing in front of capacity of crowds on the biggest stage and in the biggest leagues.

My Story Series by Scholastic by Various authors

Stories, mostly written as diaries, based on real events and characters. Easy to read and excellent for history lovers.



Dyslexia Friendly books published by Barrington Stoke

Barrington Stoke produce books designed for Dyslexic readers, which also appeal to reluctant readers. They are shorter, printed on off-white paper and have less text per page.



BOOK REVIEW



TITLE :

AUTHOR :

YEAR :

COLOUR IN THE STARS TO
RATE YOUR BOOK!



CHARACTERS

A large, empty, rounded rectangular box with a dashed black border, intended for writing about the characters in the book.

PLOT

A large, empty, rounded rectangular box with a dashed black border, intended for writing about the plot of the book.

Recommendation: Would you recommend this book and why?

A large, empty, rounded rectangular box with a dashed black border, intended for writing a recommendation for the book.



Your new journey

HAS BEGUN

Let's grow together
as the Fulston Family.....





a Fulston Manor Academies Trust school



@fulstonfamily

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