

Fulston Manor School

Weekly Newsletter



#FulstonFamily

Friday 4th September



[Homework
Landing Page](#)



Important updates in this weeks newsletter:

- Welcome to the new members of our Fulston Family
- Summer School 2026

UPDATE



A very warm welcome to everyone as we begin a new school year. I hope that you have all enjoyed a restful and enjoyable break and are returning feeling refreshed and ready for the exciting term ahead.

It has been wonderful to welcome our students back through the school gates. The energy, enthusiasm and smiles around school have been a real pleasure to see, and I hope you have seen some of the pictures celebrating this on our social media.

The start of a new term is always a time of fresh beginnings. We look forward to building our relationship with parents to support young people in their learning and to help students embrace new opportunities. We will be continuing to create a positive, inclusive and supportive environment in which every child can thrive.

Thank you, as always, for your continued support and partnership. We greatly value the strong relationship between home and school, and we look forward to working together throughout the year.

Wishing everyone a happy, healthy and successful start to the new school year. Here's to a fantastic term ahead!

Mrs S Burden
Executive Headteacher

[Click here to see previous
newsletters and other school
communication](#)

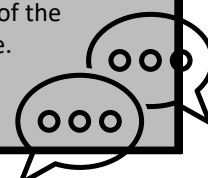


Upcoming events

Thursday 10th September	School Photos (Year 7,10 and 12)
Tuesday 22nd September	Year 7 Settling In interviews (details will be sent home)
Thursday 24th September	Year 10 interviews (details will be sent home)
Wednesday 7th and Thursday 8th October	Open Days
Tuesday 20th October	End of Term

Parent Communication

For our new parents, it may be helpful to know that you can always access our previous letters and newsletters in our Parent Drive. You can access this using the link at the top of the newsletter or via the school website.



NEW SCHOOL YEAR

Summer School 2026!

This year, we were delighted to welcome our new Year 7 students to Fulston Manor School Summer School, and what a fantastic success it was!

Students came together to take part in a series of Taskmaster challenges, giving them the opportunity to demonstrate ambition, fortitude, teamwork and leadership. Their approach to the challenges was innovative, imaginative and incredibly creative. Most importantly, it was wonderful to see students proactively forming new friendships and showing genuine kindness and support to those who arrived not knowing anyone. They should be extremely proud of themselves.

Mr Beaumont also created a fantastic orienteering challenge, designed to help students become more familiar with the school site and locate some of the classrooms they will be using in September. Students worked brilliantly in teams, following clues and solving challenges to uncover the secret code. Several teams successfully cracked it:

"WELCOME TO FULSTON!"

A huge thank you must go to all the students who attended Summer School. Their enthusiasm, positivity and willingness to get involved made the day such an enjoyable and memorable experience. We hope they left feeling more confident, with some new friendships already established and excited about beginning their Fulston journey.

Finally, I would like to thank Mr Box, Mrs Williams, Mrs Wood, Mrs Forder, Miss Hubbard, Miss Smith, Mr Beaumont and Mrs Mason for their creativity, enthusiasm and hard work in planning and delivering such a successful Summer School.

We are incredibly excited to welcome our new Year 7 students back to Fulston and wish them every success as they begin this next chapter.

Mrs K Franks

Assistant Headteacher

WELCOME ASSEMBLY KEY MESSAGES FOR PARENTS

At our Welcome Assemblies we reminded students that they are here to learn and that their choices every day shape their success, now and in the future.



WHY ARE STUDENTS HERE?

Underneath all of the answers is one really important reason:
they are here to learn.

Every lesson helps them become more knowledgeable, capable and independent.
Being taught is what a teacher does.
Learning is what happens in their brain.

DIFFICULT IS NORMAL

Learning should sometimes feel difficult. When something is challenging, it usually means your brain is growing stronger.

Try thinking: "I can't do this... yet."
Keep trying. You are getting better.

LEARNING IS AN ACTIVE PROCESS

TEACHERS CAN...	STUDENTS MUST...
- Explain - Demonstrate - Give examples - Ask questions - Give feedback - Help when stuck	- Listen - Think - Question - Practise - Make mistakes - Learn from them - Retrieve knowledge - Apply learning - Keep going when it's difficult

Teachers create the conditions for learning. Students engage with them.

YOUR JOB AS A LEARNER

READY	ENGAGE	STRUGGLE	REFLECT
Come prepared to learn. - Equipment (incl. Pencil Case) - Planner - Reading book - Homework completed - On time - Ready to listen	Be an active participant. - Listen - Think - Ask questions - Contribute - Attempt the task - Don't wait for someone else to do the thinking	Don't give up when it gets difficult. - Have a go - Try another strategy - Ask for help - Learn from mistakes - Keep going	Think about your learning. - What have I learned? - What do I understand? - What do I need to practise? - What mistake did I make? - What will I do differently next time?

DON'T 'OUTSOURCE' YOUR THINKING

Finding an answer isn't the same as learning.

- Don't just ask: "What's the answer?"
- Ask instead:
 - "How do I work this out?"
 - "What do I already know that could help?"
 - "Where did I go wrong?"
 - "What could I try next?"

YOUR CONTRIBUTION MATTERS

You help create a learning environment where everyone can succeed.

You contribute when you:

- Listen, ask thoughtful questions and give your best effort
- Help create a calm classroom
- Respect your teachers and peers
- Encourage others
- Don't distract others

YOUR ATTITUDE, YOUR FUTURE

This year, be a learner who:

- Turns up.
- Gets involved.
- Gets things wrong.
- Asks for help.
- Keeps going.
- Thinks about their thinking.
- Helps others learn.

Your teachers can teach you. Your parents can support you. Your school can provide the opportunities. But ultimately, nobody can learn for you.

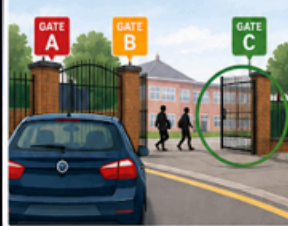
TOGETHER, WE CAN HELP EVERY STUDENT
BE READY • BE RESPECTFUL • BE SAFE

Thank you for working with us to help your child learn, grow and succeed.
Everybody Matters, Everybody Succeeds, Everybody Helps

PARKING / ROAD SAFETY

When dropping your child/children off and/or picking them up, please be considerate of the school's neighbours and the local community regarding inconsiderate and illegal parking when accessing school site in the mornings and afternoons.

- ✗ This includes parking on the yellow lines outside of the school.
- ✗ Parking across private driveways.
- ✗ Blocking paths.



Parents/ carers can drop-off and pick-up their child/children via Gate C. We politely ask parents/carers not to pull into Gate A or B to drop off or collect as this causes congestion and risks the safety of children arriving and leaving our school site.

If you do need to drive to drop off or collect your child, please park considerately, and without blocking Gate C when closed, or arrange a drop-off/pick-up point away from the school site.

We speak to the students regularly about road safety and keeping safe when crossing the road. You can help us to ensure that your son/daughter has a safe journey into school each morning by considering one of the following:

WALKING WHEREVER POSSIBLE

Not only is this a healthy way to get some exercise, but it supports the local community with congestion. In addition, it is much better for the environment.

CYCLING TO SCHOOL

We have plenty of spaces to lock student's bicycles inside our bike shed, located next to Gate A.

CAR SHARING

Does anybody else live near you? Could you take it in turns to drive to ease the congestion outside the school at key times during the day?

Many thanks for your continued support.

Lunch Menu for Next Week

 Dishes marked with any of the following numbers contain the matching allergen 1 – Celery 2 – Cereals 3 – Crustaceans 4 – Eggs 5 – Fish 6 – Lupin 7 – Milk 8 – Molluscs 9 – Mustard 10 – Nuts 11 – Peanuts 12 – Sesame Seeds 13 – Soya 14 – Sulphur Dioxide VG – Vegan V – Vegetarian Every day there is a selection of: Baguettes 2 £2.75 Sandwiches 2 £2.35 Soft Rolls 2 £2.10 Salads £2.50 Wraps 2 £2.75	    				
	Lunch Menu Week 2 7th September, 28th September, 19th October				
	Monday	Tuesday	Wednesday	Thursday	Friday
	Macaroni cheese (V) 2 7 £1.70 Chicken curry with rice 2 £2.50 Pasta King 2 £2.10 Jacket Potato 60p Baked Beans 50p Vegetable of the Day 50p Biscuits 2 75p Fresh Fruit 30p Fruit Salad V 60p Yoghurt 7 40p	Sweet Chilli chicken tacos 2 £1.70 Steak slice 2 £1.70 Pasta king 2 £2.10 Chips 70p Jacket Potato 60p Baked Beans 50p Vegetable of the Day 50p Flapjack 2 4 75p Fresh Fruit 30p Fruit Salad V 60p Yoghurt 7 40p	Tomato and Basil Pasta 2 £1.70 Shepherds pie £1.70 Pasta King 2 £2.10 Roast Potatoes 70p Jacket Potato 60p Baked Beans 50p Vegetable of the Day 50p Biscoff Cake 2 7 75p Fresh Fruit 30p Fruit Salad V 60p Yoghurt 7 40p	Southern Fried Chicken 2 £1.70 Lasagne 2 7 £1.70 Pasta King 2 £2.10 Potato Spirals 2 70p Jacket Potato 60p Baked Beans 50p Vegetable of the Day 50p Fudge Cake 2 4 75p Fresh Fruit 30p Fruit Salad V 60p Yoghurt 7 40p	Battered Cod 2 5 £1.70 Sausages 2 £1.70 Pasta King 2 £2.10 Chips 70p Jacket Potato 60p Baked Beans 50p Vegetable of the Day 50p Iced Bun 2 4 75p Fresh Fruit 30p Fruit Salad V 60p Yoghurt 7 40p

Vaccine Information

If your child is due to be in Year 7-11 in the 2026/2027 academic year please access the NHS vaccine consent form by visiting <https://www.kentimmunisations.co.uk/> and select Seasonal Flu to complete the consent form. Please complete this to accept or decline the vaccine.

Our school code is: KT136324 and the deadline to submit consent forms for your school's immunisation session is 4PM on 21/09/2026



NHS flu: 5 reasons to have the vaccine

- 1. Protect yourself**
The vaccine will help protect you against flu and serious complications such as bronchitis and pneumonia
- 2. Protect your family and friends**
Having the vaccine will help protect more vulnerable friends and family
- 3. No injection needed**
The nasal spray is painless and easy to have
- 4. It's better than having flu**
The nasal spray helps protect against flu, has been given to millions worldwide and has an excellent safety record
- 5. Avoid lost opportunities**
If you get flu, you may be unwell for several days and not be able to do the things you enjoy

For more information visit www.nhs.uk/child-flu

Most children have the nasal spray vaccine which is the preferred vaccine. A vaccine injection is also available which does not contain gelatine from pigs (porcine gelatine).

Flu i mmunisation
Helping to protect you against flu

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