Fulston Manor School

Weekly Newsletter

#FulstonFamily Friday 6th November

Fortitude · Ambition · Mindful · Integrity · Leadership · Young Citizens

Homework Landing Page

Welcome back to Term 2.

As we approach this weekend's Guy Fawkes Night celebrations, our school assembly invited students to look beyond the fireworks and reflect on the lessons of the failed Gunpowder Plot. Through exploring themes of courage, freedom of expression and peaceful resistance, we encourage our young people to consider how they can stand up for what is right, challenge injustice and respect differing opinions.

The message is simple but powerful: our beliefs matter, but so do the choices we make and the way we treat others when expressing our beliefs. By choosing understanding over hostility, and positive action over harm, we can all play a part in building a kinder, fairer and more respectful school community.

Mr L Gardner
Assistant Headteacher

Year 11 PPE information

Year 11 your PPEs start soon, here are some key things to remember:

- Arrive to the exam on time
- Go to the toilet before your exam
- Bring the correct equipment in a clear pencil case
- Bring a bottle of water if you want, but nothing other than water in a clear bottle with no label
- Do not bring your phone into the exam room, if you do so by mistake, ensure it goes into the envelope provided
- You will need to wear the FULL correct uniform to gain access to the exam room - no coats/bags etc are allowed in the hall

The most important thing:

- Make sure you understand the JCQ examination rules as these are REALLY IMPORTANT in order to avoid any misconduct marks during the exam.

You can find the timetable here.

Mr R Prutton
Assistant Headteacher

Congratulations, Harrison!

Before half term, Harrison M attended Bayford Kart Track in Sittingbourne where he drove impeccably throughout the day in horrendous weather conditions.This resulted in him ending the last race in 1st place and receiving his first 1st place trophy. Congratulations Harrison!

Click here to see previous newsletters and other school communication.



Upcoming events

Monday 9th November	Year 11 PPEs begin
Monday 16th November	Year 10 and 12 Work Experience Online Parent Meeting (Join here)
Thursday 26th November	Sixth Form Open Evening
Monday 30th November	Staff training day (School closed to students)

Sports results!

Year 7 Football

FMS 3-2 Leigh Academy Minster

Squad: Tyler P, Francesco I, Harlie-Paul M, Jude B, Tommy J, Teddy M, Dexter S, Archie S, Chigozirim D, Harvey M, Fletcher G.



Unifrog events

Unifrog is our Careers Platform which can be accessed from home and school. It has incredible resources to allow students to plan their future pathways. All students now have an account on Unifrog- they will have a welcome email, if they have not already logged on, in their email inbox.

Parent Accounts! If you would like one go to unifrog.org/sign-in and select 'sign in as a parent' and register using the email address you have registered with us.

Biology taster: a short safari through the human microbiological zoo
Mon 9 Nov 16:30-17:15

Let's explore careers in fashion
Mon 9 Nov 17:30-18:15

From TikTok to protests: what makes people influential?
Mon 9 Nov 18:30-19:15

Think like a marketing expert: should you trust online reviews?
Tue 10 Nov 16:30-17:15

Geography matters: is there space for renewable energy in our landscapes?
Tue 10 Nov 17:30-18:15

Could your hobby make you money?
Tue 10 Nov 18:30-19:15

Explore earth sciences
Wed 11 Nov 16:30-17:15

Can businesses actually solve the climate crisis?
Wed 11 Nov 17:30-18:15

Politics taster: what do the 2026 midterm elections mean for the future of democracy in America?
Thu 12 Nov 16:30-17:15

What makes us click? The science and creativity behind modern marketing
Thu 12 Nov 17:30-18:15

Sport psychology taster: how to perform under pressure
Thu 12 Nov 18:30-19:15

Uniform from B1

If your child has borrowed any uniform from B1, please could they return it as soon as possible to ensure that we have uniform available for other students when needed. Thank you for your support.

Fortitude Ambition Mindful Integrity Leadership Young Citizens

Historians head to Hastings

On our Y12 history trip, our class visited Battle Abbey to watch a reenactment of the Battle of Hastings and to gain a deeper understanding of what life was like during the medieval period.

We learnt about the history behind the battle which took place in 1066 between the King of England, Harold Godwinson, and William Duke of Normandy, who both desired to be king. William invaded England to claim the throne and the battle ended with the defeat and death of Harold. During the trip, we walked around the Abbey, which was built on the actual site of where the battle took place, and where there were lots of recreations of the famous tapestry.

We also explored recreated medieval villages from the period, where we spoke to a specialist about dye and how it was made and used to colour fabrics during that time. We also spoke to someone who specialised in medieval armour and weaponry, and we learnt about the types of weapons and armour the armies used in battle. As well as this we watched a bird of prey show where they displayed and demonstrated the types of birds that were used during the Middle ages.

Finally, to end our day, we stood and watched the live reenactment of the Battle of Hastings itself, which helped us visualise how the battle unfolded and gave us a better understanding of what battles were like in the medieval period. Overall, the trip was very enjoyable and brought our history lessons to life and helped us gain an understanding of how significant the medieval period was.

Lucas S, Y12



Prefix of the fortnight

poly

Many

READ LEAD SUCCEED

Sports Leader Event

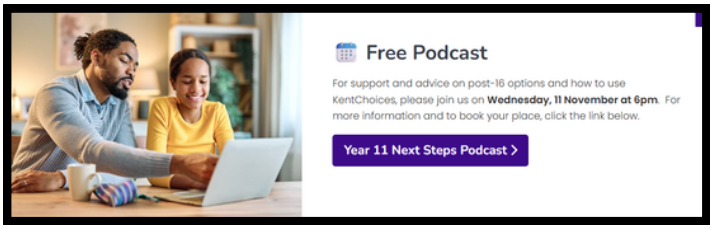
Before half term, our Sports Leaders supported the delivery of a Fun Run for Year 5 and 6 students. Each Sports Leader was responsible for running a small activity station along the route, helping to break up the run and add an element of fun for all participants.

Oscar and Will, alongside several other Sports Leaders, led an aerobic warm-up to ensure all participants were warmed up and ready to take part safely. Throughout the event, our Sports Leaders demonstrated excellent encouragement and enthusiasm at their stations, with several choosing to join in with the run themselves to help motivate participants and increase engagement.
Well done to all the Sports Leaders involved for their enthusiasm, teamwork and commitment to making the event enjoyable for everyone!

Students involved: Georgina R, Harrison T, Harvey M, Ivy R, Jorgia V, Keira S, Kyschai S, Lola E, Miles A, Oscar H, Teddy M, William C, Zachary T, Dexter W

Miss I Smith
Teacher of PE





School Uniform Expectations
Wearing Our Uniform with Pride

Dear Parents/Carers and Students,

At Fulston Manor School, we have high expectations regarding school uniform and expect all students to wear it correctly and with pride.

We have provided students who choose to wear skirts with several opportunities and reminders to ensure that they are worn appropriately and in accordance with our school uniform policy.

Moving forward, where students repeatedly fail to meet these expectations, despite reminders and opportunities to correct their uniform, we will require them to wear school trousers instead of a skirt.

We ask for the continued support of parents and carers in reinforcing these expectations and ensuring that students arrive at school wearing their uniform correctly.

Thank you for your cooperation and support in maintaining the high standards we expect from all members of our school community.



Please ensure:

- Skirts are unrolled and not folded.
- The waistband is showing and worn at the waist.
- The skirt is level with the top of the knee.
- The skirt is worn neatly.

Parent Kind now live!

Our survey with ParentKind is now live; it can be found here. There is also a chance to win a voucher upon completion.

Thank you for your support and please let me know if you have any questions.

Mrs E Mason
Assistant Headteacher

Year 11: Kent Choices is now live!

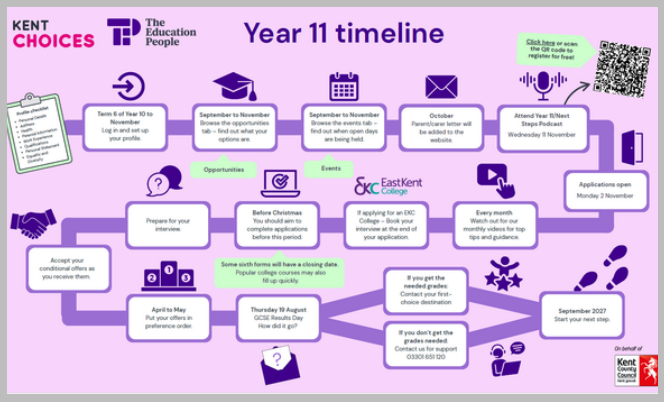
Applications via Kent Choices open are now open. All Year 11 students have been issued login details (also attached to the front of their 'Next Steps' magazine); please email careers@fulstonmanor.kent.sch.uk if these have been lost.

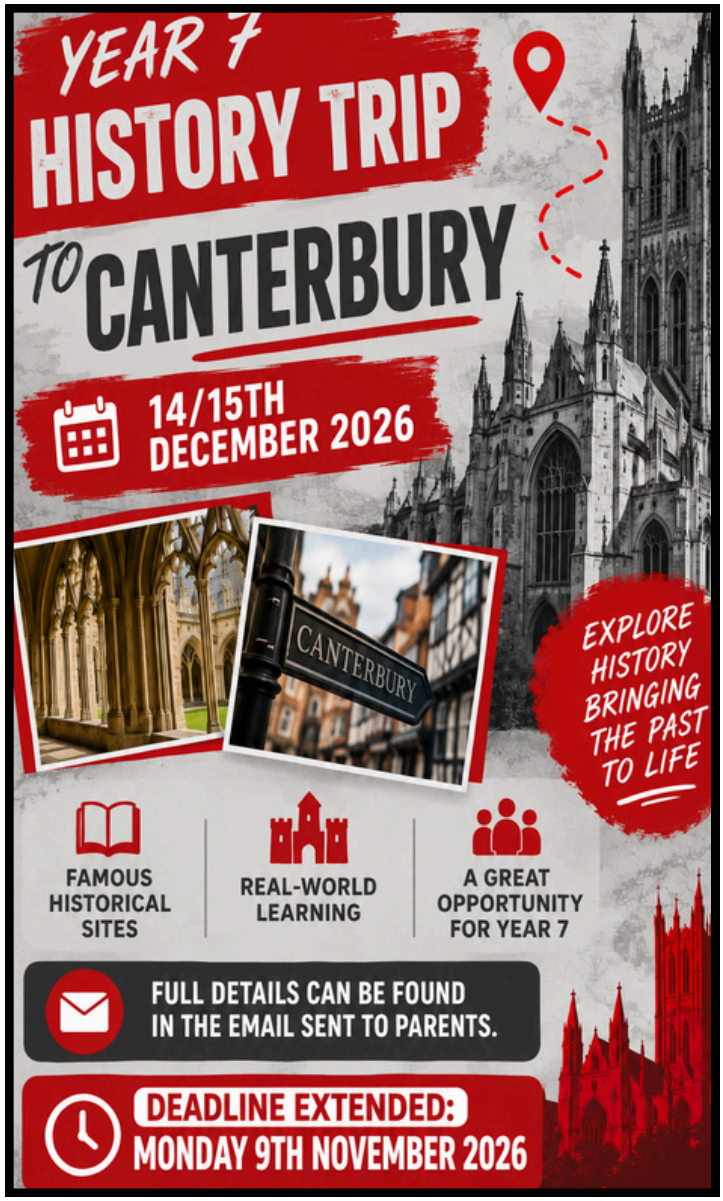
If you would like to meet with Miss Jones, our careers adviser, with your child, you can now book an appointment with her by using this link.

Key Resources & Support:

- Unifrog: Students can log in via Google to research careers and post-16 pathways. Parents can also set up an account using this link.
- Post-16 Guide: Access our Post-16 Study Guide and watch the on-demand webinar version. Additional advice is available on the Kent Choices parent support section.
- Sixth Form Open Evening: Takes place on Thursday 26th November 2026. You can book a slot for the Head of Sixth Form's presentation via the school website.

The roadmap below may help you in discussions with your child about moving forward with their post-16 applications:







Poppy Collection

Please be advised that we have poppies and a collection tin on the Reception Desk - if you could please advise your students if they wish to purchase a poppy (20p - 50p donation please, or more if they would like to).
Sixth Form students will also be visiting the House areas next week at breaktime and lunchtime with the poppies/collection tin.

On Saturday 31st October, several Fulston students supported the Royal British Legion Poppy Appeal at Morrisons Sittingbourne, for several hours. The students were very proud of their efforts and have done amazing work supporting an important community initiative.
As part of our commemorations, we welcome cadets within the Fulston Family to wear their uniform on 11th November.

Fulston Manor
School & Sixth Form
Sittingbourne

6th Form

Your future
Your way



Join Fulston Manor Sixth Form

Aspirational
High expectations, high achievements.

Supportive
Expert teaching and personal guidance.

Future-Focused
Pathways that open doors to your next steps.

Inclusive Community
Be part of a vibrant community where ambition meets opportunity.

Great Facilities
Modern learning spaces, specialist equipment and inspiring environments to help you thrive.

OPEN EVENING
26TH NOVEMBER

Head of Sixth Form talk at 5.30pm and 7.30pm
Subject market place open 6–7.30pm

Scan the QR code to find out more about our Sixth Form

Visit our website for more details
fulstonmanor.kent.sch.uk

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Fulston Manor School & Sixth Form
Brenchley Road, Sittingbourne, Kent, ME10 4EG

YEAR 11 WORKSHOPS TIMETABLE

A TWO-WEEK SCHEDULE OF TARGETED SUPPORT

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK A	HISTORY RS	ART TEXTILES PHOTOGRAPHY	PHYSICS iMEDIA COMPUTING	PSYCHOLOGY GEOGRAPHY FRENCH 3D DESIGN	BIOLOGY SPANISH
WEEK B	MATHS	CHEMISTRY DRAMA	BUSINESS MUSIC CITIZENSHIP	ENGLISH	FOOD DANCE SPORT H&S

If not now.....when? If not you.....who?

YEAR 13 WORKSHOP ROTA

6th Form

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MATHS LUNCHTIME CLINIC N5- YEAR 12 WELCOME	MATHS LUNCHTIME CLINIC N5- YEAR 12 WELCOME	BUSINESS (WEEK A) B6	CHEMISTRY R1	3D DESIGN Y2
BIOLOGY G8	SOCIOLOGY S2	RS T4/T6	LAW S6	UCAS APPLICATIONS S9
MATHS (WEEK B) N5	TEXTILES Y4		HEALTH AND SOCIAL CARE S4	
ART Y8	ENGLISH LITERATURE (WEEK A) N11/M7- YEAR 12 WELCOME		PHOTOGRAPHY T2	
PSYCHOLOGY S3	GEOGRAPHY E2		FILM STUDIES (WEEK A) N9/N10	
COMPUTING B11	POLITICS B7			
	HISTORY (WEEK B) I6			
	IT B8			

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Lunch menu for next week

Dishes marked with **any of the following** numbers contain the matching allergen

1 – Celery
2 – Cereals
3 – Crustaceans
4 – Eggs
5 – Fish
6 – Lupin
7 – Milk
8 – Molluscs
9 – Mustard
10 – Nuts
11 – Peanuts
12 – Sesame Seeds
13 – Soya
14 – Sulphur Dioxide
VG –Vegan
V – Vegetarian

Every day there is a selection of:
Baguettes 2 £2.75
Sandwiches 2 £2.35
Soft Rolls 2 £2.10
Salads £2.50
Wraps 2 £2.75

Lunch Menu

Week 2
7th Sept 28th Sept 19th Oct

Monday	Tuesday	Wednesday	Thursday	Friday
Macaroni Cheese (V) 2 7 £1.70 Chicken curry with Rice & Naan Bread 2 £2.50 Pasta King 2 £2.10 Jacket Potato 60p Baked Beans 50p Vegetable of the Day 50p Biscuits 2 75p Fresh Fruit 30p Fruit Salad V 60p Yoghurt 7 40p	Sweet Chilli Chicken Tacos 2 £1.70 Steak slice 2 £1.70 Pasta king 2 £2.10 Chips 70p Jacket Potato 60p Baked Beans 50p Vegetable of the Day 50p Flapjack 2 4 75p Fresh Fruit 30p Fruit Salad V 60p Yoghurt 7 40p	Tomato and Basil Pasta 2 £1.70 Shepherds pie £1.70 Pasta King 2 £2.10 Roast Potatoes 70p Jacket Potato 60p Baked Beans 50p Vegetable of the Day 50p Biscoff Cake 2 7 75p Fresh Fruit 30p Fruit Salad V 60p Yoghurt 7 40p	Southern Fried Chicken 2 £1.70 Lasagne 2 7 £1.70 Pasta King 2 £2.10 Potato Spirals 2 70p Jacket Potato 60p Baked Beans 50p Vegetable of the Day 50p Fudge Cake 2 4 75p Fresh Fruit 30p Fruit Salad V 60p Yoghurt 7 40p	Battered Cod 2 5 £1.70 Sausages 2 £1.70 Pasta King 2 £2.10 Chips 70p Jacket Potato 60p Baked Beans 50p Vegetable of the Day 50p Iced Bun 2 4 75p Fresh Fruit 30p Fruit Salad V 60p Yoghurt 7 40p

Mrs Silver's reading recommendations...

Longer Read

Emma Raducanu by Sally Morgan



Emerging as one of the most influential young sports stars not just for her own generation, but for decades, her rise has been meteoric.

This former Wimbledon wildcard has the whole planet talking about her as the first British female player to win a Grand Slam title in over 40 years – all without dropping a single set. Emma Raducanu, A Life Story is the perfect way to discover the fascinating facts and inspirational moments from the life of this young star.

AR 7.3

Shorter Read

The Family Tree by Mal Peet



When a man returns to his childhood home and visits the derelict tree house in which his father once chose to live, he recalls the past unravelling of his family, the unspoken strangeness of their lives, and the impact on his own adult life.

AR 4.2 Dyslexia Friendly

Fulston Family Celebrations

Tutor group of the week:

S-LBI

Sixth form tutor group of the week:

12-LSM

Students of the week

Year 7: Violet W
Year 8: Amelie Y
Year 9: Ayse A
Year 10: Jacob N
Year 11: Connor A-C
Year 12: Violet G
Year 13: Kara C

Congratulations

Work of the Week: PE by Inoela G (Year 10)

CRICKET
England and Wales Cricket Board (ECB) - The Official Website ...

England and Wales Cricket Board (ECB)
https://www.ecb.co.uk



Cricket whites (white shirt and trousers) for traditional matches.
Cricket shirt and trousers in team colours for limited overs matches.
Helmet to protect the head
Bating pads and gloves to protect the legs and hands
Abdominal guard for protection

FOOTWEAR
Cricket shoes with spikes for grip on grass
Rubber soled cricket shoes for some indoor or artificial surfaces

BADMINTON
Badminton England
Badminton England
https://www.badmintonengland.co.uk



Clothing
Lightweight sports t-shirts
Shorts or a sport skirt
Sports socks
Comfortable clothing that allows players to move freely

Fortitude Ambition Mindful Integrity Leadership Young Citizens

Total positives so far this year...

Fortitude	Ambition	Mindful	Integrity	Leadership	Young Citizens
36,843	45,714	18.548	11,640	5181	10,161

Fulston Family Values Weekly Update

Staff • Students • Parents

1 Week Reflection – Young Citizen through Safety

Last week's focus was **Young Citizen through Safety**. Pupils explored how being a good citizen means looking out for others, making safe choices, taking responsibility in shared spaces, noticing risk, reporting concerns and helping create a positive school community.

Pupils showed thoughtful, community-minded choices across the week.



2 This Week's Results

Young Citizen Points

Whole School Total:
1,389

Top House:
Morrison House – 757

Top Year Group:
Year 7 – 320

Top Tutor Groups:
KS3: M-SAL (89)
KS4: M-SRA (150)
KS5: 12-LSM (16)

Total Values Points

Whole School Total:
14,412

Top House:
Morrison House – 3,801

Top Year Group:
Year 7 – 3,323

Top Tutor Groups:
KS3: H-SJT (705)
KS4: M-SRA (582)
KS5: 12-LSM (88)

Challenge Outcome

Young Citizen Challenge Winners:

Year 7 – 320
Year 9 – 278
Year 10 – 260
Year 11 – 256

No year group beat the **Total Values target this week.**

These year groups will receive **10 extra ClassCharts points per pupil.**

3 Looking Ahead – Fortitude through Readiness

Next week's focus will be **Fortitude through Readiness**.
Over the two-day week, pupils will explore how resilience and preparation work together. Fortitude means sticking with positive routines, arriving prepared, staying focused and showing determination even when time is short or routines feel disrupted.



4 This Week's Challenge: Fortitude + Ready

Because next week is only two days, targets have been scaled for the shorter week.

180+ Fortitude Points per year group

1,000+ Total Values Points per year group

Any year group that meets both targets will earn 10 bonus points per pupil.

5 Reminder

Small actions matter. This week, we want pupils to show fortitude by being ready, staying organised, helping others and making the most of the short week.

READY • RESPECTFUL • SAFE